

RESOURCES

GUIDELINES FOR SCREENING, TREATMENT, FOLLOW-UP AND PARTNER MANAGEMENT:

Centers for Disease Control and Prevention (CDC)

- 2010 STD Treatment Guidelines - Up to date treatment guidelines for sexually transmitted infections.
<http://www.cdc.gov/std/treatment/2010/default.htm>
- Recommendations and Guidance for HIV, Hepatitis, STD and TB Partners
<http://www.cdc.gov/nchhstp/Partners/Rec-Guide.html>

California Department of Public Health- Sexually Transmitted Disease Control

- California Sexually Transmitted Disease (STD) Screening Recommendations -2010
<http://www.cdph.ca.gov/programs/std/Documents/CA-STD-Screening-Recommendations-2010.pdf>
- California STD Treatment Guidelines Table for Adults & Adolescents 2010
<http://www.cdph.ca.gov/pubsforms/Guidelines/Documents/STD%20258Tx%20GL%20FINAL%20TABLE%20--%20main%20doc.pdf>

TRAINING AND CONTINUING EDUCATION

California STD/HIV Prevention Training Center

- This is part of a national network of training centers offering continuing education to enhance the knowledge and skills of medical, health and community professionals.
<http://www.stdhivtraining.org/>

Taking a Sexual History: The Five Ps Approach

Partners, Prevention of Pregnancy, Protection from STDs, Practices, and Past History of STDs.

Partners

- “Do you have sex with men, women, or both?”
- “In the past 2 months, how many partners have you had sex with?”
- “In the past 12 months, how many partners have you had sex with?”
- “Is it possible that any of your sex partners in the past 12 months had sex with someone else while they were still in a sexual relationship with you?”

Prevention of Pregnancy

- “What are you doing to prevent pregnancy?”

Protection from STDs

- “What do you do to protect yourself from STDs and HIV?”

Practices

“To understand your risks for STDs, I need to know about the kind of sex you have had recently.”

- “Have you had vaginal sex, meaning ‘penis in vagina sex’?”
- If yes, “Do you use condoms: never, sometimes, or always?”
- “Have you had anal sex, meaning ‘penis in rectum/anus sex’?”
- If yes, “Do you use condoms: never, sometimes, or always?”
- “Have you had oral sex, meaning ‘mouth on penis/vagina’?”
- For condom answers:
- If “never:” “Why don’t you use condoms?”
- If “sometimes:” “In what situations (or with whom) do you not use condoms?”

Past History of STDs

- “Have you ever had an STD?”
 - “Have any of your partners had an STD?”
- Additional questions to identify HIV and viral hepatitis risk include:
- “Have you or any of your partners ever injected drugs?”
 - “Have any of your partners exchanged money or drugs for sex?”
 - “Is there anything else about your sexual practices that I need to know about?”

Centers for Disease Control and Prevention. Sexually Transmitted Diseases Treatment Guidelines---
 MMWR 2010; 59(RR-12).