

LA BEST BABIES NETWORK



Healthy Babies. Our Future.
Presented by First 5 LA



Perinatal Depression Resource Guide for Los Angeles County

Updated June 2008

Methods

During the 2007 Maternal Depression Seminar, our Network informed us of the need for a guide to Maternal Depression resources, to help providers connect with services and make referrals to adequately serve their clients.

The LA Best Babies Network assumed this task, obtaining the listings of Maternal Depression resources from 211 LA County, formerly known as INFO LINE of Los Angeles. Between November 2007 and January 2008 our staff surveyed each agency and identified those currently providing counseling and other treatment for maternal depression, during and after pregnancy. Of the 207 agencies contacted, 71 did provide care for maternal depression as of June 2008.

Table of Contents

Arcadia		6
Canoga Park		7
Covina		8
Culver City		9
Downey		11
El Segundo		12
Encino		13
Glendale		18
Hawthorne		20
Hollywood		21
Inglewood		22
La Mirada		23
La Puente		24
Lancaster		25
Long Beach		32
Los Angeles		33
<i>Los Angeles County Dept Mental Health</i>		53
Monrovia		59
North Hollywood	61	
Northridge		62
Palmdale		64
Pasadena		65
Pico Rivera		70
Rosamond		71
Rosemead		72
Santa Barbara	PSI Headquarters	73
Santa Monica		74
Studio City		75
Sylmar		76
Torrance		77
Valencia		78
Van Nuys		79
Venice		80
West Covina		81
Woodland Hills		82
2.1.1. Forms		83-89
INDEX		90

About the Guide

This Guide is intended to refer clients and community members to resources that may assist with the treatment of Maternal Depression. It lists Mental Health providers and resources in L.A. County listed by 211. By no means is this guide to be considered comprehensive. If you are aware of any provider offering Perinatal Mental Health Services that is not listed here, please consider completing the *"211 Program and Agency Profile" for a 'UbX'h Y "Maternal Depression Agency Questionnaire"* on page 83, and fax both to the 211 offices at (626) 442-694

Thank you

Arcadia Presbyterian Church

121 Alice Street

Arcadia, CA 91006

(626) 445-7470 (Service & Intake)

(626) 445-6071 (Fax)

**Type of Depression
Services Provided:**

- * Mental Health Services

Referral Process:

- * Call (626) 445-7470 for appointment
- * M-F: 9am – 5pm; Closed 12noon – 1pm
- * Evening appointments are available

Type of Providers:

- * Licensed MFT Therapists
- * MFT registered interns
- * MFT graduate students
- * Lay Counselors
- * Supervised by Licensed psychiatrist
- * Church volunteers

**Accepting New
Patients:**

- * Yes New Patients Welcome
- * No Waiting List

Any Waiting List:

**Other services
provided:**

- * Individual, conjoint and family counseling services in a supportive Christian environment for adults, adolescents and children – Need not be affiliated with the church to apply.
- * Substance Abuse Counseling
- * Services are not provided for people dealing with any type of psychosis
- * Sponsors Bereavement Group=Comforting Hearts (for parents who have lost a baby through miscarriage or stillbirth)

Cost for services:

- * Fees are set on a sliding scale for MFT therapist services
- * Fund

Insurance Accepted:

- * NOT accepting Medi-Cal or Insurance

**Other Languages
Provided:**

- * Spanish

Special services:

- * The church provides emergency food, holiday assistance and mental health services for adults, adolescents and children.
- * The Comforting Hearts group meets the 3rd Monday of each month from 6:30pm to 10:00pm

CANOGA PARK

Valley Women's Center/Family Recovery Center

22110 Roscoe Blvd., Ste. 204

Canoga Park, CA 91304

(818) 713-8700 (Service & Intake)

(818) 713-8585 (Fax)

Type of Depression * Maternal Depression
Services Provided:

Referral Process: * Call (818) 713-8700 for Intake by phone
* Intake clerk will call Clinician or Psychologist with patients information and they will assign Therapist and set up appt.

Type of Providers: * Therapist
* MFTs
* Trainees
* Interns
* Supervised by Clinicians and Psychologist

Accepting New Patients: * Yes. Accepting New Patients
* No Waiting List

Any Waiting List:

Other services provided: * Alcohol and Drugs Counseling
* Mental Health Counseling
* Parenting Classes
* Relapse Prevention for Addicts

Cost for services: * Sliding Scale: Depending on Income
* First Visit is \$25 Flat Fee - Meets the Therapist to complete the paper work

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Farsi

Special services: * Open to all

Center for Integrated Family and Health Services

540 S. Eremland Dr.

Covina, CA 91723

(626)966-1577(Service & Intake)

(Also provide "Baby Home Visitations")

Type of Depression Services Provided: * Postpartum Depression Counseling

Referral Process: * Call (626) 966-1577 for intake and appointment

Type of Providers: * Trainees
* Interns
* Supervised by Licensed Therapists

Accepting New Patients: * There is 3-4 Months waiting list for Spanish pt ONLY
* NO Waiting List for English Speaking patients.
Any Waiting List:

Other services provided: * Family Counseling
* Marriage Counseling
* Victims of Crime [state pays for up to 40 sessions for victims of crime with Case #] (If Victim does not have Case #; Maria will give Referral Information)
* Domestic Violence

Cost for services: * \$30 for First Time Intake
* Sliding Fee Scale: Depending on Income
* Minimum: \$3 per Session

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Spanish (Counselor Full at this time)
* Chinese
* Spanish
* English

Special services: * Home Visitation to New Mothers

CULVER CITY

Antioch University Counseling Center
400 Corporate Pointe
Culver City, CA 90230
(310) 574-2813 Ext. 366 (Service & Intake)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Call (310) 574-2813 Ext. 366 for Intake
* A Counselor will be assigned

Type of Providers: * Marriage & Family Therapist
* Intern/Trainees
* Supervised by Licensed clinical Psychologists

Accepting New Patients: * Open for New Patients
* No caps on sessions
Any Waiting List: * NO waiting list

Other services provided: * All kinds of counseling for Adults, Family and children
* Marriage Counseling
* Individual Counseling

Cost for services: * Sliding Fee Scale: Depending on Net Income and number of dependents
* Ranges from \$5-\$20 per Session

Insurance Accepted: * NOT accepting Medi-Cal or Insurance
* If Patients. has Private Insurance and it covers Mental Health/ patients can turn in a Claim Form

Other Languages Provided: * Farsi
* Hebrew
* Japanese
* Hungarian

Special services: * Adolescent
* LGBT

Didi Hirsch Community Mental Health Group

4760 South Sepulveda Blvd.
Culver City, CA 90230-4820
(310) 390-6612

Type of Depression Services Provided: * Individual Psychotherapy

Referral Process: * Call Intake Service @ Didi Hirsch: (310) 390-6612 - Intake to indicate perinatal depression concerns

Type of Providers: * LCSW
* MFT
* PhD
* MD
* RNs
* Interns

Accepting New Patients: * Unsure of Limit (Large capacity)
* Accepting New Patients
Any Waiting List: * NO Waiting List

Other services provided: * Case Management
* Intensive case management
* Medication Management
* Housing & Benefits Assistance
* Substance Abuse Treatment
* Group Support
* Depression
* Other Mood Disorders & Mental
* Family Therapy

Cost for services: * Accepting Medi-Cal

Insurance Accepted: * Accepting Medi-Cal

Other Languages Provided: * English Only

Special services: * Services for teens

DOWNEY

Sir Thomas More Marriage and Family Clinic

10630 Downey Ave., Ste 200

Downey, CA 90241

(562) 923-0341

Type of Depression Services Provided: * Maternal Depression

Referral Process: * (562) 923-0341 and leave Message
* Intake Person: will call back to schedule appointment with Therapist

Type of Providers: * Paula Vandegaer

Accepting New Patients: * Accepting New Patients
* No Waiting List

Any Waiting List:
Other services provided: * One-To-One Counseling Only

Cost for services: * Sliding Fee Scale: Depending on monthly income
* Ranges from \$45 - \$100 per Session (1 Hr)

Insurance Accepted: * NOT accepting Medi-Cal
* Does accept Insurance

Other Languages Provided: * English Only

Special services: * One-To-One Counseling ONLY

EL SEGUNDO

South Bay Center for Counseling
360 N. Sepulveda Blvd., Ste. 2075
El Segundo, CA 90245
(310) 414-2090 (Service & Intake)
(310) 414-2096 (Fax)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Call (310) 414-2090 for counseling and leave message
* Therapist will call back for intake information and schedule appointment with appropriate Therapist.

Type of Providers: * Therapist
* Trainee (getting hours to become licensed therapists)
* Supervised by Licensed Therapist

Accepting New Patients: * Accepting New Patients
* No Waiting List

Any Waiting List:
Other services provided: * Family Support Program
* Partnership for Families
* Tutoring after school
* Assistance to Families with Financial Problems
* Involved with Workshops with SPA 8

Cost for services: * Sliding Fee Scale: Depending on family income

Insurance Accepted: * Accepts Medi-Cal ONLY for Children
* NOT accepting Insurance

Other Languages Provided: * Spanish
* English

Special services: * Teens Substance & Alcohol Abuse Program

California Family Counseling Center

5445 Balboa Blvd.

Encino, CA 91316

(818) 386-5615 (Service & Intake)

Type of Depression Services Provided: * Postpartum Counseling

Referral Process: * Call (818)386-5615 for intake with therapist to establish services needed
* This is a training service

Type of Providers: * Trainees
* Interns
* Supervised by Licensed Therapists
* Doctorate students working toward their licensures

Accepting New Patients: * Accepting New Patients
* No waiting for English speaking Patients
Any Waiting List: * There is a waiting list for Spanish Speaking patients

Other services provided: * Marriage Counseling
* Anxiety Counseling
* Relationship Counseling for children 5 and over
* Psychological testing
* Parenting Classes
* Anger Management
* Men Classes for ending Domestic Violence

Cost for services: * Sliding Fee Scale: Depending on the patient's monthly income and the # of people in the household.
* Fees Range: \$20 - \$70

Insurance Accepted: * NOT accepting Medi-Cal or Insurance
* Some Insurance Accepted

Other Languages Provided: * Farsi
* Spanish (on waiting list)

Special services: * Relationship class for Mothers/Daughters of ages: 8-13

Community Psychological Services

16055 Ventura Blvd., Ste. 728

Encino, CA 91436

(818) 907-5592 (Service & Intake)

Type of Depression Services Provided: * Postpartum Depression Counseling

Referral Process: * Call (818) 907-5592 for Intake
* Director, Lynn Ingber, will call patients to do Intake and assign therapist.

Type of Providers: * Therapist
* Interns
* Depending what the patients needs

Accepting New Patients: * Accepting New Patients
* NO Waiting List

Any Waiting List:

Other services provided: * Anxiety Management
* Full range
* Depression
* Separation

Cost for services: * Sliding Fee Scale: Depending on monthly income
* \$25/hour

Insurance Accepted: * NOT accepting Medi-Cal or Insurance
* Accepting Private Insurance if covers Mental Health

Other Languages Provided: * English Only

Special services: * Teenagers
* Individual Therapy

Pepperdine University Community Counseling Center

16830 Ventura Blvd., Ste 216

Encino, CA 91436

(818) 501-1678 (Service, Intake & Adm.)

(818) 501-1680 (Fax)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Call (818) 501-1678 for appointment

Type of Providers: * Interns
* Trainees
* Supervised by licensed Psychologist
* No Medications

Accepting New Patients: * Accepting New Patients
* No waiting list
Any Waiting List:

Other services provided: * Individual, Family and Group Counseling
* Children and Teen Counseling
* Anxiety Management
* Relationship Issues

Cost for services: * Sliding Scale: Depending on Income
* \$20 average

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Spanish
* Armenian
* Korean

Special services: * Victims of Abuse
* Teens

Valley Counseling Clinic, Inc.
17547 Ventura Blvd., Ste. 310
Encino, CA 91316
(818) 995-0368 (Service & Intake)
Dr. Bobbie Eckstein (Tues & Thurs)

Type of Depression Services Provided: * Postpartum Depression
* Postpartum Anxiety Counseling

Referral Process: * Call (818) 995-0368 for appointment with therapist
* M-F; 9am - 7pm

Type of Providers: * Have 8-10 Therapists
* Interns
* Licensed Therapists
* Marriage Therapists
* Psychologists
* MFT

Accepting New Patients: * Accept New Patients
* No Waiting List
Any Waiting List:

Other services provided: * Parenting Classes
* Therapy for life transition
* ADDH
* Grief and Loss
* Survivors after suicide
* Individual Counseling
* Group Counseling

Cost for services: * Sliding Scale to adjust to income
* Variable depending on insurance

Insurance Accepted: * Accepts Private Insurance
* NOT Accepting Medi-Cal

Other Languages Provided: * English Only

Special services: * Adolescent
* Wheelchair Accessible

VBS Counseling Center

15739 Ventura Blvd.

Encino, CA 91436

(818) 784-1414

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Call (818) 784-1414 for Intake

Type of Providers: * Power Professional
* MST
* License Therapist

Accepting New Patients: * Accept New Patients
* No Waiting List
Any Waiting List:

Other services provided: * Marriage Counseling
* Bereavement
* Individual Counseling
* Group Counseling
* Depending on the NEED

Cost for services: * Sliding Scale: Depending on Income

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * English Only

Special services: * Care Takers
* Newly Divorced Groups

GLENDALE

Ark Family Center, Inc.

541 W. Colorado St., Ste. 302

Glendale, CA 91204

(818) 662-7045 x1 (Service, Intake & Adm.)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Call (818) 662-7045 Ext:1 with referral for phone Intake
* Assessment will determine patient's needs
* Appointment will be scheduled

Type of Providers: * Psychologist
* MFT

Accepting New Patients: * Open for New Patients
* NO waiting list
Any Waiting List:

Other services provided: * Couples Counseling
* Anxiety Counseling
* General Counseling
* Any Disorder
* Hypnotherapy

Cost for services: * Sliding Fee Scale: Depending on Income
* Ranges from \$95 - \$120 per Session
* For Psychologist: \$120 per Session
* For MFP: \$95 per Session
* Minimum Charge: \$45 per Session

Insurance Accepted: * NOT accepting Medi-Cal or Insurance
* Accepting Some PPOs

Other Languages Provided: * Armenian
* Farsi
* English

Special services: * Pain Management

Positive Directions Community Counseling Center

1540 E. Colorado St.

Glendale, CA 91205

(818) 247-8180 (Service & Intake)

Type of Depression Services Provided: * Individual Counseling

Referral Process: * Call (818) 247-8180 for appointment

Type of Providers: * Marriage, Family and Child Therapist
* Intern/Trainees
* Supervised by experienced clinicians

Accepting New Patients: * Accepting New Patients
Any Waiting List:

Other services provided: * Alcohol and Drugs Counseling
* Marriage Counseling
* Over 18 Individual and Couples Counseling

Cost for services: * \$30-60 /Session
* Sliding Scale: Depending on income
* Patients must take documentation of income

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * English Only

Special services: * Alcohol & Drugs Counseling
* Self-help meetings
* General Relief

HAWTHORNE

New Hope Health Services, Inc.

13325 Hawthorne Blvd

Hawthorne, CA 90250

(310) 676-8030 (Service, Intake & Adm.)

Type of Depression Services Provided: * Maternal Depression with Drug Issues

Referral Process: * Call (310) 676-8030 for appointments
* Screening conducted during appt. to determine enrollment

Type of Providers: * Substance abuse counselor
* Anger Management teachers

Accepting New Patients: * Accepting New Patients
* No Waiting List
Any Waiting List:

Other services provided: * Anger Management Techniques
* Stress Management
* Relaxation Skills
* Substance Abuse Counseling

Cost for services: * Sliding Fee Scale: Depending on monthly income

Insurance Accepted: * Accepting Medi-Cal and only SOME insurance providers

Other Languages Provided: * English/Spanish Only

Special services: * Teens (12-21 yrs)

HOLLYWOOD

Assistance League of Southern California-Family Service Agency

1360 N. St. Andrews Pl. , 2nd Floor

Hollywood, CA 90028

(323) 469-5893 (Service & Intake)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Accept Walk-ins
* Patients. comes in to set up her own appt to see Therapist

Type of Providers: * Therapist
* Interns
* Clinical MSW

Accepting New Patients: * Accepting New patients
* 3 months waiting list
Any Waiting List:

Other services provided: * Group Counseling
* Domestic Violence
* Parenting Classes
* Spanish and English Support Groups for Battered Women
* Individual Counseling

Cost for services: * Domestic Violence: \$20 per session
* Parenting; Individual; Women's Groups: \$10 per session

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Spanish

Special services: * Youth Programs dedicated toward teens with problems with the law and school

INGLEWOOD

Curtis Tucker Health Center
123 W. Manchester Blvd.
Inglewood, CA 90301

(310) 419-5325 (Service, Intake & Adm.) [Bus. Office]
Mailing Address: 11965 Venice Blvd., Ste 305; Los Angeles, CA 90066

Type of Depression Services Provided:

- * Health Services for Pregnant Women

Referral Process:

- * Call or write to apply for community outreach services.
- * Telephone or walk-in for service; appointments are preferred.
- * Clients must have medical insurance card
- * A referral from a medical provider is required for wellness program services

Type of Providers:

- * Health Education provided by UCLA undergraduate psychiatry student interns
- * Supervised by part-time mental health and educational professionals; educators and professionals
- * Health services provided by: RNs, LCSW, MPHs, Interns of all 3 professions.

Accepting New Patients:

- * Accepting New Patients
- * NO Waiting List

Any Waiting List:

Other services provided:

- * Health Education Services to at-risk children and their parents living in: Oakwood; Mar Vista and West LA
- * Health Services to Pregnant Women
- * CPSP provides mother and infant care services and classes such as: health education; nutrition management; psychosocial intervention; Medi-Cal enrollment and referral; Lamaze and breastfeeding.

Cost for services:

- * Private, Nonprofit ; Charitable Organization

Insurance Accepted:

- * Program provides health services to pregnant women either receiving or eligible to receive:
- * Medi-Cal; Blue Cross Managed Care
- * Deliver at Queen of the Valley Medical Center in West Covina
- * Services include prenatal care; neonatal care for infant; and postpartum care for the mother. Additionally, the Curtis Tucker Health Center provide adult and childhood Immunizations, TB screening for students, TB treatment, and STD screening and treatment ; Healthy Families

Other Languages Provided:

- * English; Spanish; Arabic

Special services:

- * Services for at risk teens through the TEACH program includes weekly mentoring, tutoring and health education.
- * The Healthy Babies program provides perinatal case management services and health education for at risk pregnant women.

Biola Counseling Center
12625 La Mirada Blvd., Suite 202
La Mirada, CA 90638
(562) 903-4800

- Type of Depression Services Provided:** * Maternal Depression
- Referral Process:** * Call (562) 903-4800 for intake
* Assigned to a counselor according to condition
- Type of Providers:** * Graduate Students
* Licensed Psychologists
- Accepting New Patients:** * Open for New Patients
* NO waiting list
- Any Waiting List:**
- Other services provided:** * Marriage Counseling
* Eating Disorders
* Anxiety Management
* Anger Management
* (Anything that needs counseling)
* Family Counseling
* Group Counseling
- Cost for services:** * Graduates charges: \$40-100 per session
* Psychologies: Flat fee=\$125 per session
* Also depending on income
- Insurance Accepted:** * No Insurance accepted
* 2 licensed therapists accept insurance, with prior insurance approval
- Other Languages Provided:** * English ONLY
- Special services:** * Teens

La Puente Valley Mental Health Center

150 S. Seventh Avenue

La Puente, CA 91744

(626) 961-8971 (Service & Intake)

(626) 227-7018

-
- Type of Depression Services Provided:** * Counseling
- Referral Process:** * Call (626) 227-7018
* Go through Screening Process and Schedule Appointment
- Type of Providers:** * Psychiatrist
* Clinician
* MSW
* LCSW
- Accepting New Patients:** * Several locations for Adults to Children.
* Depend on Staff so the amount ranges
- Any Waiting List:**
- Other services provided:** * Primarily a Psychiatric Clinic
* Psychiatric Treatment for Adults
* Children and Pregnancy Women
* Prescription Needs
* Counseling
* Case Management
- Cost for services:** * Does Not Accept Private Insurance
* Arrange payment depending on income
- Insurance Accepted:** * Accepting Medi-Cal; Medi-Care; Healthy Families
- Other Languages Provided:** * Farsi
* Chinese
* Korean (specific dialects only)
- Special services:** * Adolescent: 0 – 18 years of age
* Adults: 18 yrs+
* Hearing Impaired

LANCASTER

Advance Counseling Center
44709 North Date Avenue
Lancaster, CA 93534
(661) 945-6706 (Service & Intake)

Type of Depression Services Provided: * Depression Related Counseling

Referral Process: * Call 661-945-6706
* Self Referral

Type of Providers: * MFT
* Psychologist
* Psychiatrist

Accepting New Patients: * Accepting New Patients
* No Waiting List
Any Waiting List:

Other services provided: * Any type of Mental Health Counseling
* Do Not specialize on any particular area
* Domestic Violence Counseling
* Anxiety Management
* Stress/Accident Related Counseling

Cost for services: * \$120 - Psychologist; 175 - Psychiatrist
* \$90 - MFT
* First visit is one hour
* Follow-up is 20 min./ Medicine Management

Insurance Accepted: * NOT accepting Medi-Cal
* Will bill insurance, but what Insurance does not cover will be the responsibility of the patient.

Other Languages Provided: * English Only

Special services: * LCSW – Anger Management Classes; Marriage Family Classes; and Parenting Classes.

Antelope Valley Behavior Medicine

43770 15th St. W # 245

Lancaster, CA 93534

(661) 726-2826 (Service, Intake & Adm.)

(661) 948-0432 (Fax)

Type of Depression Services Provided: * Psychiatric diagnostic exam and medication management

Referral Process: * Call (661) 726-2826 (Voicemail 24/7)
* To Schedule appointment

Type of Providers: * Psychiatrists

Accepting New Patients: * Accepting New Patients
Any Waiting List:

Other services provided: * N/A

Cost for services: * Psychiatric Diagnostic Exam - \$300/Session
* Medication Management - \$120/Session

Insurance Accepted: * NOT Accepting Medi-Cal and MEDI-MEDI
* Private Insurance - Champus

Other Languages Provided: * English and Tagalog

Special services: * None

Antelope Valley Hospital – Mental Health Services

1600 W. Avenue J

Lancaster, CA 93534

(661) 949-5250 (Service, Intake & Adm.)

Type of Depression Services Provided: * Acute In-patient Treatment

Referral Process: * Self Referred through the ER or
* Through Healthy Homes: 661-726-6456

Type of Providers: * Therapist
* Case Manager
* Psychologist
* Nurses
* Mental Health Techs
* LCSWs
* MFT Interns

Accepting New Patients: * Accepting New Patients
Any Waiting List:

Other services provided: * Inpatient Treatment Psychiatrist
* Group Counseling
* Individual Counseling
* Anxiety Management
* Bipolar Treatment

Cost for services: * Anybody can come in
* Even those WITHOUT Insurance

Insurance Accepted: * Accepting Medi-Cal
* Accepts Many Insurances

Other Languages Provided: * English and Tagalog
* Uses Language Line to communicate with other language-speaking patients

Special services: * None

Cederwood Counseling
44809 N. Fern Avenue
Lancaster, CA 93534
(661) 945-7608 (Service, Intake & Adm.)

Type of Depression Services Provided: * Individual Counseling

Referral Process: * Call (661) 945-7608 and leave message
* Patient will be called with assigned therapist

Type of Providers: * MFTs
* LCSWs

Accepting New Patients: * Accepting New Patients
Any Waiting List: * NO Waiting List

Other services provided: * Group Counseling
* Individual Counseling
* Anxiety Management
* Anger Management
* Marriage and Family Therapy
* Suicide Counseling
* Psychotherapy
* Relations Counseling
* Child & Adult Psychotherapy
* Parenting Management

Cost for services: * Sliding Fee Scale
* Depending on Income & # of dependents
* **Each provider sets their own charges**

Insurance Accepted: * Pt has to speak to individual provider

Other Languages Provided: * English / Spanish

Special services: * None

Kaiser Permanente
44444 20th Street West
Lancaster, CA 93534

(661) 951-0070 (Service, Intake & Adm.)

Type of Depression Services Provided: * Postpartum Counseling

Referral Process: * Call (661) 951-0070 for self referral
* Pt can also be referred by provider

Type of Providers: * Therapist
* LCSW
* Psychiatrist

Accepting New Patients: * Accepting New Patients

Any Waiting List: * No waiting list
* **KAISER MEMBERS ONLY**

Other services provided: * Group Counseling
* Individual Counseling
* Anxiety Management
* Marriage Counseling
* Children Counseling
* Stress Management
* Work Related Stress Group

Cost for services: * **MUST BE KAISER MEMBERS**
* Depends on the Individual coverage plan

Insurance Accepted: * **Kaiser ONLY**

Other Languages Provided: * English Only

Special services: * Adult and Group Counseling

Mirabella, Renata, PhD, LMFT

1672 W. Avenue J, Suite 110

Lancaster, CA 93534

(661) 940-5535 (Service, Intake & Adm.)

Type of Depression Services Provided: * Postpartum Depression

Referral Process: * Call (661) 940-5535 and leave a message
* Will call patients to schedule appt.

Type of Providers: * Private Practice – Appt will be with Dr. Mirabella

Accepting New Patients: * Accepting New Patients
Any Waiting List: * No Waiting List

Other services provided: * Group Counseling
* Individual Counseling
* Anxiety Disorder Counseling
* Domestic Violence
* Relatives/Child Counseling
* Marital Counseling
* Chemical Counseling

Cost for services: * \$100/session
* Contract with some Insurance: Pt will pay co-pay

Insurance Accepted: * NOT Accepting Medi-Cal
* NOT Accepting Medicare
* NOT accepting HMOs
* ONLY Private Insurances

Other Languages Provided: * English/Spanish

Special services: * Teen and Young children

Professional Counseling Services

44738 10th Street W.

Lancaster, CA 93534

(661) 940-0211 (Service, Intake & Adm.)

Type of Depression Services Provided: * Postpartum Counseling

Referral Process: * Call (661) 940-0211
* Self Referred;
* Referred by Insurance or Military Personnel

Type of Providers: * MFT
* Psychologist

Accepting New Patients: * Accepting New Patients
Any Waiting List: * NO Waiting List

Other services provided: * Group Counseling
* Individual Counseling
* Anxiety Management
* All Types of Disorders
* Psychosocial testing
* Work with Adults and Children
* Bipolar
* Marriage Counseling

Cost for services: * Sliding Fee Scale
* Depending on Income & # of dependents

Insurance Accepted: * NOT Accepting Medi-Cal
* Accepting PPOs, HMOs and Medi-Care

Other Languages Provided: * English Only

Special services: * Teenagers
* Military Personnel
* Court-Order Work
* Depends on Referral

LONG BEACH

Depression and Bipolar Support Alliance-East Long Beach (DBSA)

5901 E. 7th Street

Long Beach, CA 90822

(562) 592-0055 (Service & Intake)

-
- Type of Depression Services Provided:** * Free information is mailed to everyone who requests it by calling our toll-free number, (800) 826-3632 or visiting our website at <http://www.dbsalliance.org/>
- Referral Process:** * DBSA knows mood disorders affect the entire family, and they offer educational materials, programs, and online support for family members and friends, including a family guide to psychiatric hospitalization.
- Type of Providers:** * A Peer Specialist
* Referral to a Support Group In Your Community
- Accepting New Patients:** * Online Referrals
- Any Waiting List:**
- Other services provided:** * On this site you can recommend Mental Health Professionals you have worked with.
- Cost for services:** * Donation
- Insurance Accepted:** * Check web sites for more information:
* http://www.dbsalliance.org/site/PageServer?pagename=esp_home
* http://www.dbsalliance.org/site/PageServer?pagename=esp_recoverystep
- Other Languages Provided:** * Check web sites for more information:
* http://www.dbsalliance.org/site/PageServer?pagename=about_publications
* <http://www.dbsalliance.org/pdfs/helphurtb.pdf>
* <http://www.dbsalliance.org/pdfs/NextSteps.pdf>
* <http://www.dbsalliance.org/pdfs/foodmoode2.pdf>
* <http://www.dbsalliance.org/pdfs/kindnessd.pdf>
- Special services:** * Support group on Wednesdays: 7pm-9pm at the:
VA Hospital in Long Beach:
5901 E. 7th St. | Long Beach 90822.

LOS ANGELES

Alternative Life Consulting

8961 Sunset Blvd., Suite 2E

Los Angeles, CA 90069

(310) 652-9030 (Service, Intake & Adm.)

Mailing Address: 949 Larrabee St., Ste 310; West Hollywood, CA 90069

Type of Depression * Maternal Depression
Services Provided:

Referral Process: * Call (310) 352-9030 – for appointments (required)
* Telephone to apply & schedule an appointment

Type of Providers: * Services provided by a licensed PhD
* MFT

Accepting New Patients: * Open for new patients
* By appointment ONLY

Any Waiting List:

Other services provided: * Anger Management in Individual Counseling Basis ONLY
* Bereavement Counseling
* Biofeedback
* Cognitive-Behavioral Therapy for Individuals ONLY
 o Anxiety, Depression, obsessive-compulsive disorders, relationships, post-traumatic stress disorders, domestic violence and substance abuse
* Postpartum Counseling

Cost for services: * Fixed fee of \$120

Insurance Accepted: * Accepting Private Insurance: Blue Cross, Health Net, Cigna, and any PPO
* Accepting Medi-Cal for adolescents and younger ONLY

Other Languages Provided: * Russian

Special services: * Psychology of Being Single
* Substance Abuse Court Mandated and Not Mandated

California Graduate Institute Counseling Center

1145 Gayley Avenue, Ste 322

Los Angeles, CA 90024

(310) 208-4240

Type of Depression Services Provided: * Maternal Depression for before and after pregnancy

Referral Process: * Call (310) 208-3120- Counseling Center
* Scheduled an Intake

Type of Providers: * Interns working on completing hours for their masters or doctorate for their licensure
* Supervised by attending Psychologist

Accepting New Patients: * Open for new patients
* Can schedule patients within 2 days
Any Waiting List: * No waiting list

Other services provided: * Anger Management
* Domestic Violence
* Overcoming Shyness
* Overcoming Addictions
* Female Survivors of Sexual Abuse
* Family Counseling
* Group Counseling

Cost for services: * Sliding Scale depending on affordability
* Patients completes financial form at intake

Insurance Accepted: * Private Model
* Depends whether insurance accepts interns

Other Languages Provided: * Spanish
* Farsi
* Hebrew
* German
* Cantonese
* Russian
* Portuguese

Special services: * Psychology of Being Single
* Substance Abuse Court Mandated and Not Mandated

Coalition of Mental Health Professionals, Inc.

9145 S. Broadway
Los Angeles, CA 90003
(323) 777-3120

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Call (323) 777-3120
* On letterhead of company explain why refer patient
* Patients must bring: I.D.; Proof of Income; Bill with address (call for all other info needed)

Type of Providers: * Licensed therapist

Accepting New Patients: * Accepting New Patients
* Waiting list

Any Waiting List:

Other services provided: * Psychological Evaluation
* Parenting Counseling
* Domestic Violence
* Anger Management
* Parenting Court Referred
* Parental Counseling
* Group Counseling

Cost for services: * \$90 - \$125 CASH

Insurance Accepted: * Depending on Income: Sliding Scale
* NOT accepting Medi-Cal

Other Languages Provided: * English
* Spanish

Special services: * TUMIMA Program (Married Couples with Teen Problems)

Community Outreach For Prevention and Education
2400 S. Flower St., 4th Floor - **Lowman Outpatient Building**
Los Angeles, CA 90007-2629
(213) 259-0245 (Service, Intake & Adm.)
(213) 259-0255 (Fax)

- Type of Depression Services Provided:** * Health Services for Pregnant Women
- Referral Process:**
- * Call or write to apply for community outreach services
 - * Telephone or walk-in for service; appointments are preferred
 - * Clients must have medical insurance card
 - * A referral from a medical provider is required for wellness program services
 - * Services are offered at two locations:
 - * QUEEN OF THE VALLEY MEDICAL CENTER &
 - * CURTIS TUCKER HEALTH CENTER (See List for Details)
- Type of Providers:**
- * Health Education provided by UCLA undergraduate psychiatry student interns
 - * Supervised by part-time mental health and educational professionals; educators and professionals
 - * Health services provided by: RNs, LCSW, MPHs, Interns of all 3 professions
- Accepting New Patients:** * Yes
- Any Waiting List:** * NO Waiting List
- Other services provided:**
- * Health Education Services to at-risk children and their parents living in: Oakwood; Mar Vista and West LA
 - * Health Services to Pregnant Women
 - * CPSP provides mother and infant care services and classes such as: health education; nutrition management; psychosocial intervention; Medi-Cal enrollment and referral; Lamaze and breastfeeding
- Cost for services:** * Private, Nonprofit; Charitable Organization
- Insurance Accepted:**
- * The Program provides health services to pregnant women either receiving or eligible to receive:
 - * Accepting Medi-Cal; Blue Cross Managed Care
 - * Who deliver at Queen of the Valley Medical Center in West Covina
 - * Services include prenatal care; neonatal care for infant; and postpartum care for the mother. Additionally, the Curtis Tucker Health Center provide adult and childhood Immunizations, TB screening for students, TB treatment, and STD screening and treatment
 - * Healthy Families
- Other Languages Provided:** * English; Spanish; Arabic
- Special services:**
- * Services for at risk teens through the TEACH program includes weekly mentoring, tutoring and health education
 - * The Healthy Babies program provides perinatal case management services and health education for at risk pregnant women

Hollywood Sunset Free Clinic
3324 W. Sunset Blvd.
Los Angeles, CA 90026
(323) 660-7959 (Adm)
(323) 661-0718 (Service & Intake) [Mental Health Counseling]

Type of Depression Services Provided: * General Depression Counseling

Referral Process: * Call (323) 661-0718
* Patient is placed on a Waiting List

Type of Providers: * Interns

Accepting New Patients: * Placed on a waiting list that may be as long as a month
Any Waiting List:

Other services provided: * Individual Counseling
* General Counseling
* Individual Counseling
* Family Counseling

Cost for services: * NO Cost - Donations

Insurance Accepted: * NO need for Insurance or Medi-Cal

Other Languages Provided: * Only Spanish/English

Special services: * Teens
* Children to adulthood
* (323) 660-7975 – “Cara a Cara” & tattoo removal

**Institute for Multicultural Counseling and Education Services,
Inc. (I.M.C.E.S)**

3580 Wilshire Blvd., Ste. 2000

Los Angeles, CA 90010

(213) 381-1250 (Service, Intake & Adm.)

(213) 383-4803 (Fax)

Type of Depression Services Provided: * Individual Counseling

Referral Process: * Call (213)381-1250 with patients information and reason of referral

Type of Providers: * Interns
* Therapists
* Psychologist
* Psychiatrist

Accepting New Patients: * Accepting New patients

Any Waiting List: * Waiting List could be as long as 2 months

Other services provided:

* Anger Management	* Paternity Matters
* Violence Prevention	* Restraining Orders
* Parenting Skills	* Custody and Visitation Orders
* Domestic Violence Support & Legal Services	* Adult Full Service Partnership Program
* Information about shelters	* Immigration Matters
* Divorce Matters	* Group Counseling & Family Therapy

Cost for services: * Sliding Scale: Depending on Income
* Patients will need to bring proof of income or unemployment (if unemployed)

Insurance Accepted: * Accepting Medi-Cal
* NOT accepting PPOs or HMOs

Other Languages Provided:

* Farsi	* Russian
* Spanish	* Arabic
* Armenian	

Special services: * "Wrap-around Program": strengthening families at risk
* Professional Training for Psychologists; SW & Counselors; doctors; nurses; judges; attorneys; teachers; administrators; marriage and family therapists
* School Based-Linked Mental Health Services: Individual/Group and Family Counseling; Life Skills Training and Counseling; Social Responsibility Training; Parent Skills Development; Drug & Alcohol Education; Anger Management/Violence Prevention; Mediation Counseling; Prevocational/Vocational Training.

**Jewish FAMILY Service of Los Angeles
Zimmer Children's Museum**

<http://www.jfsla.org/index.php?/programs/details/365/17>

6505 Wilshire Blvd.

Los Angeles, CA 90048

(323) 323-761-8800 Ext. 1028 (Service, Intake & Adm.)

Type of Depression * Postpartum Depression

Services Provided:

Referral Process:

- * Call the New Moms Connect Warmline: (323) 761-8800 ext. 1028
- * Wednesdays 9-10:15am

Type of Providers:

- * Weekly New Mom Groups offer support for women at this challenging time.
- * In a warm and caring environment, patients will have the opportunity to meet other mothers
- * Share ideas and receive professional parenting advice

Accepting New Patients:

Any Waiting List:

- * Accepting New patients

Other services

provided:

- * RECEIVE COUNSELING ON:
- * Identity Issues after the baby is born
- * Changing family roles
- * Stress Reduction
- * Keeping relationships healthy after baby
- * Postpartum concerns
- * Other challenges of parenting

Cost for services:

- * \$5 per meeting /first is free
- * No one turned away for lack of funds

Insurance Accepted:

- * NOT accepting insurance

Other Languages

Provided:

- *

Special services:

- * "Adventures in Babyhood" events and trainings aimed at educating the community at large about the risks and challenges associated with parenthood and postpartum depression occur on a periodic basis.
- * Contact Agency for more information about upcoming events.

Kaiser Permanente - Watts Counseling and Learning Center
1465 E. 103rd Street
Los Angeles, CA 90002
(323) 564-7911 (Service & Intake)

Type of Depression Services Provided: * Maternal Depression
* Depression Counseling

Referral Process: * Call (323) 564-7911 for intake

Type of Providers: * Licensed therapist
* Clinical Social Workers Interns

Accepting New Patients: * Waiting List 3-4 weeks
Any Waiting List:

Other services provided: * General Counseling
* Anxiety Management

Cost for services: * FREE for ALL

Insurance Accepted: * NO need for Insurance or Medi-Cal

Other Languages Provided: * Only Spanish/English

Special services: * Parenting Classes (Thursdays)
* Children with parents with terminal Illness Support Group (Wednesdays)
* Probation Support Group (Saturdays)
* Educational Therapy (Tutorial)

Kedren Community Mental Health Center

4211 S. Avalon Blvd.

Los Angeles, CA 90011

(323) 233-0425 (Service, Intake & Adm.)

(323) 233-0344 (TDD)

Type of Depression Services Provided: * Individual Counseling

Referral Process: * Walk-ins

Type of Providers: * Therapist
* Case Manager

Accepting New Patients: * Accepting New Patients
Any Waiting List:

Other services provided: * Group Counseling
* Individual Counseling
* Anxiety Management

Cost for services: * Sliding Fee Scale
* Depending on Income & # of dependents

Insurance Accepted: * Accepting Medi-Cal
* NOT accepting PPOs or HMOs

Other Languages Provided: * English Only

Special services: * Adult and Group Counseling

Ness Counseling Center, Inc., The
8512 Whitworth Dr.
Los Angeles, CA 90035
(310) 360-8512 (Service, Intake & Adm.)
(310) 360-8510 (Fax)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Jennifer Blumenfeld, MSW - Clinical Director conducts the screening of patients over the phone
* Out-Patient Facility

Type of Providers: * Jennifer Blumenfeld, MSW - Clinical Director

Accepting News Pt: Any Waiting List: * Out-Patient Facility; patients are seen by appt.

Other services provided: * Safety Zone Facility
* Drug/Alcohol Facility
* Domestic Violence Facility
* Paternity Testing
* Court Ordered Parenting Counseling
* Drugs/Alcohol Counseling
* Individual/Couples/Family Counseling
* Domestic Violence

Cost for services: * \$25 (Lowest Fee)
* Depending on what client can afford
* Use sliding scale

Insurance Accepted: * Cash/Credit Card Only

Other Languages Provided: * English Only

Special services: * Teen Sex offenders Groups for Boys
* Sex Offenders Group for Men

Open Paths Counseling Center
12655 W. Washington Blvd. Ste. 101
Los Angeles, CA 90066
(310) 398-7877 (Service & Intake)
(310) 967-6082

Type of Depression Services Provided: * Maternal Depression Counseling

Referral Process: * Call (310) 398-7877 for appointment with therapist
* Depending on interview will depend on fee
* Patients will be called back by therapist to set up appointment

Type of Providers: * Licensed therapist
* Trainees
* Interns
* Supervised by licensed therapists

Accepting News Pt: * Accepting New Patients
Any Waiting List: * No waiting List

Other services provided: * Any diagnosis for mental health

Cost for services: * Sliding Fee Scale
* Depending on Income of the family

Insurance Accepted: * NOT accepting Medi-Cal
* Accepting Private Insurance

Other Languages Provided: * English/Spanish Only

Special services: * Form groups when needed for men/ women/ teens / couples.

Pepperdine University Psychological and Educational Clinic

6100 Center Dr., Ste. 559

Los Angeles, CA 90045

(310) 568-5752 (Service, Intake & Adm.)

(310) 568-2342 (Fax)

Type of Depression Services Provided: * Postpartum Depression Counseling

Referral Process: * Call (310) 568-5752 for intake
* \$25 initial intake fee

Type of Providers: * Doctoral students
* Supervised by Licensed Therapist

Accepting New Patients: * Accepting New Patients.
* No Waiting List

Any Waiting List:

Other services provided: * Psychosocial testing
* Individual Counseling
* Couples Counseling
* Family Counseling
* Vocational Counseling
* Individual Counseling
* Family Counseling
* Group Counseling

Cost for services: * Sliding Scale: Depending on income
* Fees range: \$20 - \$90

Insurance Accepted: * CASH Only
* NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Spanish

Special services: * Teens are assigned to a specialist doctoral student.

San Martin De Porres Counseling Center, Inc.

8621 Bellanca Ave., Ste. 215

Los Angeles, CA 90045

(310) 641-1633 (Service, Intake & Adm.)

Type of Depression Services Provided: * Maternal Depression Counseling

Referral Process: * Call (310) 641-1633 to schedule appointment

Type of Providers: * MST
* Registered Interns
* Psychologist

Accepting New Patients: * Accepting New Patients.
* No Waiting List

Any Waiting List:

Other services provided: * Parenting Classes
* Domestic Violence Classes for men and women
* Individual Counseling
* Family Counseling
* Group Counseling

Cost for services: * \$40/visit

Insurance Accepted: * Accepting Medi-cal for Minors
* Insurance

Other Languages Provided: * Spanish
* English

Special services: * 2 Teens Groups:
* Substance Abuse
* Anger Management

SHARE!

5521 Grosvenor Blvd.
Los Angeles, CA 90066
(310) 305-8878 (Serv/Int/Adm)
(877) 742-7349 (Info. ONLY)
[877-SHARE49]
(310) 305-2671 (Fax)

Type of Depression Services Provided: * SHARE stand for: Self-Help And Recovery Exchange - Comprehensive self-help support group referral service with a database of almost 1000 support groups:
* 12-Steps AA Groups
* Mental Health

Referral Process: * Just Show up
* Open 7 days/week, 365 days of the year
* Call (310) 305-8878
* www.shareselfhelp.org

Type of Providers: * Self-Help groups are run by peers. The person leading the meeting that day will usually read some material explaining how the meeting works. Some of the material may be read by other members of the group. In most meeting everyone then gets a chance to share about how they're dealing with the issue.
* Parenting; etc. . .

Accepting News Pt: Any Waiting List: * Walk-Ins Welcome

Other services provided:

* Groups for Alcoholics Anonymous	* Anger Release
* Groups for Codependent Anonymous	* Nicotine Anonymous
* Male Survivors of Sexual Abuse	* Jugadores Anonimos
	* Serenity Sisters
	* Debtors Anonymous
	* And MUCH MORE

Cost for services: * \$2 - \$5 per person per meeting

Insurance Accepted: * NOT Accepting Medi-Cal

Other Languages Provided: * Spanish Meeting Groups available

Special services: * Any type of Support Groups

Southern California Counseling Center

5615 W. Pico Blvd.

Los Angeles, CA 90019

(323) 937-1344 (Service, Intake & Adm.)

(323) 937-5846 (Serv/Intake)

[Abuse Prevention/Parenting Education]

(323) 937-3487 (Fax)

Type of Depression Services Provided: * Postpartum Counseling

Referral Process: * Call (323) 937-1344 for intake
* Walk-ins Welcome

Type of Providers: * Interns
* Trainees (75) in various stages
* Supervised by MFT's; LCSW and Clinical Psychologist

Accepting News Pt: * Accept New Patients.
Any Waiting List: * No waiting list

Other services provided: * Mood Disorders
* Relationship Counseling
* Phobias
* Anxiety Management
* Problems with Living

Cost for services: * Sliding Scale: Depending on Income
* \$15 - \$ 80/Session

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * English Only

Special services: * Teen Groups
* Domestic Violence for Men and Women

**Thalians Mental Health Center/Cedars - Sinai Medical Center
– Outpatient**

8730 Alden Dr. Plaza Level

Los Angeles, CA 90048

(310) 423-3411 (Service & Intake)

Type of Depression Services Provided: * Out-Patient Counseling
* Individual Counseling

Referral Process: * Calls (310) 423-3411 for intake

Type of Providers: * License Clinical SW
* MFT
* Psychologist Residents

Accepting News Patients: * Accepting New Patients
* No Waiting List

Any Waiting List:
Other services provided: * Out-Patient All Mental Health Issue

Cost for services: * Sliding Scale: Depending on Income
* Range from \$106 - \$420 for Individual and Group Therapy

Insurance Accepted: * Medi-Cal Accepted for those 22 and Under
* NOT accepting Medi-Cal for Adults
* Accepts Blue Cross PPO and Secure Horizons

Other Languages Provided: * English Only

Special services: * Out-patient Counseling for: Children & Adults
* Adolescent Clinic

Westwood Center
Site 2 of San Martin de Porres
10642 Santa Monica Blvd., Ste. 100
Los Angeles, CA 90025
(310) 641-1633 (Service, Intake & Adm.)

Type of Depression Services Provided: * Maternal Depression Counseling

Referral Process: * Call (310) 641-1633 for appointments

Type of Providers: * MFT
* Registered Interns
* Psychologist

Accepting News Patients: * Accepting New Patients.
* No Waiting List
Any Waiting List:

Other services provided: * Parenting Classes
* Domestic Violence Classes for men and women
* Individual Counseling
* Family Counseling
* Group Counseling

Cost for services: * \$40/visit

Insurance Accepted: * Accepting Medi-cal for Minors
* Insurance verified at intake

Other Languages Provided: * Spanish
* English

Special services: * 2 Teens Groups:
* Substance Abuse
* Anger Management

Women Helping Women Services
 543 N. Fairfax Ave.
Los Angeles, CA 90036
 (323) 651-2930 (Adm)
(877) 655-3807 (Hotline/Talk line)
 (323) 655-3807 (Talk line)
(323) 651-5348 (Fax)

Type of Depression Services Provided: * Provides mental health services for all ages targeted, but not restricted, to women and their families.

Referral Process:

- * Call the talk line for information or services.
- * Client must be referred for additional agency services through the talk line.
- * TALK LINE HOURS:
 - o Tues. & Thurs.: 10am-12:30pm
 - o Wed.: 6pm - 8pm
 - o Fri: CLOSED
- * Counseling Services are: M - F: 8:30am - 5pm and some evenings
- * 24-hr voice mail records message and suggests other resource numbers when the program is not staffed.

Type of Providers: * MSW * Master's level interns

Accepting News Patients: * Accepting New Patients
 * No Waiting List

Any Waiting List:

Other services provided:

* Case management	* Post-disaster crises
* Support groups	* General life problems
* Referrals	* Domestic violence
* Telephone talk line	* General mental health issues
* Services for CalWORKs recipients	

Cost for services:

- * There are no fees for talk line assistance.
- * Fees for individual counseling and support sessions are set on a sliding scale: Ranges from \$1 to \$90.
- * No one is turned away due to inability to pay

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Spanish
 * Russian

Special services: * None Verified

Women's Clinic and Family Counseling Center

<http://www.womens-clinic.org/index.php>

9911 W. Pico Blvd., Ste. 500

Los Angeles, CA 90035

(310) 203-8899 Ext. 103 (Service & Intake) [Mental Health Appt]

(310) 203-8555 (Fax) / Carla Becker, MFT, is the Director of Counseling

Type of Depression Services Provided:

- * Maternal Depression Individuals, Couples & Family Counseling, Group Counseling.

Referral Process:

- * CLINIC HOURS:
 - o Monday 10 am to 5 pm
 - o Tuesday 8 am to 3 pm
 - o Wednesday 8 am to 3 pm
 - o Thursday 8 am to 3 pm
 - o Friday 8 am to 1 pm
 - o Saturday 8 am to 1 pm
- * For counseling appointments and questions call (310) 203-8899 ext. 103.
- * Pt. will speak to a therapist who will go over her concerns.
- * Patients. will be placed with the therapist best suited to meet her specific needs and her schedule.
- * If they find their counseling services are not the right fit for her, they will direct her to more appropriate resources.

Type of Providers:

- * highly-trained intern
- * trainee therapists
- * work under the supervision of licensed psychotherapists

Accepting News Pt: Any Waiting List:

- * Accepting New Patients
- * No Waiting List

Other services provided:

- * Relationship & Intimacy Issues
- * Depression
- * Anxiety / Panic Disorders
- * Body Image / Eating Disorders
- * Trauma / Abuse
- * Addiction / Recovery
- * Grief and Loss

- * Parenting
- * Career and Job Issues
- * Routine Gynecological Exams
- * Birth Control Services
- * Mammograms
- * Pap Smears
- * Pregnancy Testing & Counseling
- * Life Transitions
- * Personal / Spiritual Growth

- * Testing & Treatment of STDs
- * HIV Testing & Counseling
- * Hormone Replacement Therapy
- * Colposcopy
- * Cryosurgery & LEEP
- * Treatment of Bladder & Urinary Tract Infections
- * Ultrasounds
- * Gay and Lesbian Concerns

Cost for services:

- * Sliding Scale: Depending on Income

Insurance Accepted:

- * NOT accepting Medi-Cal or insurance

Other Languages Provided:

- * English Only

Special services:

- * Group Therapy/Support services please call (310) 203-8899, ext. 103
- * MOMMY AND ME groups - please call (310) 496-2648 or (310) 205-2646

Wright Institute Los Angeles

9911 W. Pico Blvd., Ste. 720

Los Angeles, CA 90035

(310) 277-2796 (Service & Intake)

Type of Depression Services Provided: * Psychotherapy could be geared to Maternal Depression

Referral Process: * Call (310) 277-2796 to leave name and number.
* Therapist will call patients for to do Intake and to schedule an appt. and to decide on how patients will pay

Type of Providers: * Interns
* Supervised by Licensed Therapist

Accepting News Patients: * Accepting New Patients
* No Waiting List

Any Waiting List:

Other services provided: *

Cost for services: * Sliding Scale: Depending on Income

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * English Only

Special services: * Eating Disorders

**COUNTY OF LOS ANGELES - DEPARTMENT OF
MENTAL HEALTH
ADULT SYSTEMS OF CARE**

**SERVICE AREA NAVIGATOR, HOSPITAL LIAISON/IMPACT
COORDINATOR COUNTYWIDE ROSTER**

COUNTYWIDE REPRESENTATIVES		Phone	FAX #	E-Mail
Debbie Innes Gomberg	MHSA Adult District Chief	213) 738-4864	213) 381-5497	digomberg@dmh.lacounty.gov
Kara Taguchi	SA Navigator Program Manager	213) 738-4838	213) 381-5497	ktaguchi@dmh.lacounty.gov
Krista Scholton	Countywide lead for SA Navigators	213) 738-4746	213) 381-5497	kscholton@dmh.lacounty.gov
Angela Shields	TAY Program Head	213) 639-6730	213) 351-6571	ashields@dmh.lacounty.gov
Adrienne Gee	Countywide lead for TAY Navigators	213) 471-0412	213) 351-6571	agee@dmh.lacounty.gov
Kimberly Hairston	Countywide lead for TAY Navigators	213) 738-2507	213) 351-6571	khairston@dmh.lacounty.gov
Matt Wells	Older Adult Impact Coordinator	213) 351-5344	213) 351-2493	mwells@dmh.lacounty.gov
MHSA Age Group Leads				
Bryan Mershon	District Chief - Child MHSA	213) 738-2217		bmershon@dmh.lacounty.gov
Terri Boykins	Division Chief - TAY MHSA	213) 738-2408	213) 351-6571	tboykins@dmh.lacounty.gov
Debbie Innes-Gomberg	District Chief - Adult MHSA	213) 738-4864	213) 381-5497	digomberg@dmh.lacounty.gov
Maria Funk	District Chief - Adult MHSA	213) 251-6582	213) 637-2336	mfunk@dmh.lacounty.gov
Kevin Tsang	District Chief - Older Adult MHSA	213) 739-7347	213) 351-2493	ktsang@dmh.lacounty.gov
Countywide Jail Linkage Team				
Regina Ramirez	Jail Linkage Administrative Coordinator	213) 473-6574	213) 972-4012	reramirez@dmh.lacounty.gov
Jeff Lumaya	Jail Linkage Sup. - Twin Towers	213) 893-5410	213) 972-4012	jlumaya@dmh.lacounty.gov
Sonny Duron	Jail Linkage - Twin Towers	213) 893-5412	213) 972-4012	sduron@dmh.lacounty.gov
William Owens	Jail Linkage - Twin Towers	213) 923-4701	213) 972-4012	wowens@dmh.lacounty.gov
Jorge Martinez	Jail Linkage - Twin Towers	213-893-5412	213) 972-4013	jmartinez@dmh.lacounty.gov
Bill West	Jail Linkage - Twin Towers - Employment Spec. Team Leader	213) 893-5412	213) 972-4012	Wwest@dmh.lacounty.gov

Countywide Jail Linkage Team (Cont.)

Maria Chavarria	Jail Linkage - Twin Towers - Employment Spec.	213) 893-5411	213) 972-4012	Mchavarria@dmh.lacounty.gov
Maria Cruz	Jail Linkage - CRDF	323) 568-4670	213) 972-4012	mcruz@dmh.lacounty.gov
Mechele Harris	Jail Linkage - CRDF	213) 473-6574	213) 972-4012	mharris@dmh.lacounty.gov
Pricilla Knott	Jail Linkage - CRDF - Employment Spec.	323) 568-4670	213) 972-4012	pknott@dmh.lacounty.gov
Raul Alvarez	Jail Linkage - CRDF - Employment Spec.	213) 473-6574	213) 972-4012	realvarez@dmh.lacounty.gov

TAY Countywide Navigators

Adrienne Gee	Navigation Team Supervisor Service Areas 1-4/ Navigator SA 1	213) 471-0412	213) 351-6571	agee@dmh.lacounty.gov
Kimberly Hairston	Navigation Team Supervisor Service Areas 5-8	213) 738-2507	213) 351-6571	khairston@dmh.lacounty.gov
Tonya Jewell	Navigator SA 2	213) 738-2507	213) 351-6571	tjewell@dmh.lacounty.gov
Diann Kaainoa	Navigator SA 3	213) 471-0406	213) 351-6571	dkaainoa@dmh.lacounty.gov
Sarah Governale	Navigator SA 4	213) 923-6459	213) 351-6571	sgovernale@dmh.lacounty.gov
Paula Binner	Navigator SA 5 & 8	213) 471-3134	213) 351-6571	pbinner@dmh.lacounty.gov
John Cabrera	Navigator SA 7	213) 738-2507	213) 351-6571	jpcabrera@dmh.lacounty.gov
Rhumel Grady	Navigator SA 6	213) 738-2507	213) 351-6571	rgrady@dmh.lacounty.gov
Robbie Montgomery	Housing Specialist SA 1 & 4	213) 738-2507	213) 351-6571	romontgomery@dmh.lacounty.gov
Zarine Ovakimyan	Housing Specialist SA 2	213) 471-0409	213) 351-6571	zovakimyan@dmh.lacounty.gov
Rachel Huang	Housing Specialist SA 3 & 7	213) 471-0462	213) 351-6571	rhuang@dmh.lacounty.gov
Andrew Onaghise	Housing Specialist SA 4	213) 923-4700	213) 351-6571	aonaghise@dmh.lacounty.gov
Dina Moss	Housing Specialist SA 5 & 8	213) 272-8335	213) 351-6571	dmos@dmh.lacounty.gov
Ronnie Thomas	Housing Specialist SA 6	213) 923-8020	213) 351-6571	rthomas@dmh.lacounty.gov

SERVICE AREA 1 – ANTELOPE VALLEY

Joellen Perkins	District Chief SA 1	661) 575-1800		jperkins@dmh.lacounty.gov
Marge Borjon	Hospital Liaison/ Adult Impact Coord.	661) 723-4260		mborjon@dmh.lacounty.gov

SERVICE AREA 2 – SAN FERNANDO VALLEY

Eva Carrera	District Chief - SA 2 Child	213) 738-3190		ecarrera@dmh.lacounty.gov
Ron Klein	District Chief - SA 2 Adult	818) 598-6967		rklein@dmh.lacounty.gov
Kimber Salvaggio	SA 2 Administrative Program Support	818) 598-6974		ksalvaggio@dmh.lacounty.gov
Ben Aguilar	Clinical Psychologist - SA 2	818) 708-4510	818) 654-1962	beaguilar@dmh.lacounty.gov
Suzanne Holland	Hospital Liaison/ Impact Coordinator	818) 598-6916	818) 598-6971	sholland@dmh.lacounty.gov
Bill Peck	Hospital Liaison/ Impact Coordinator	818) 598-6911	818) 598-6971	bpeck@dmh.lacounty.gov
Alex Dozortsev	Child Navigator	818) 708-4514	818) 654-1962	adozortsev@dmh.lacounty.gov
Sally Ng	Child Navigator	818) 708-4555	818) 654-1962	sng@dmh.lacounty.gov
Darrell Scholte	Adult Navigator	818) 598-6973	818-719-9152	dscholte@dmh.lacounty.gov
Ginger Fong	Adult Housing Specialist	818) 598-1945		gfong@dmh.lacounty.gov
Martin Zuniga	Parent Advocate	818) 708-4554	818) 654-1962	mzuniga@dmh.lacounty.gov

SERVICE AREA 3 – SAN GABRIEL VALLEY/ POMONA

Carlotta Childs-Seagle	District Chief - SA 3	213) 738-3572	213) 351-2490	CChildsSeagle@dmh.lacounty.gov
Tom Cleary	Clinical Psychologist - SA 3	626) 455-4628	626) 455-4608	tcleary@dmh.lacounty.gov
Marta Lopez	Child / TAY Navigator Supervisor	626-455-4668	626) 455-4608	mlopez@dmh.lacounty.gov
Rocio Ortiz-Gonzalez	Child Navigator	626-455-4613	626) 455-4608	rogonzalez@dmh.lacounty.gov
Frances Liese	Child / TAY Navigator	626) 455-4606	626) 455-4608	fliese@dmh.lacounty.gov
Eugene Marquez	Adult Navigator	626) 258-1999	626) 455-4608	emarquez@dmh.lacounty.gov
Dwayne Washington	Adult Housing Specialist	626) 455-4622	626) 455-4608	dwwashington@dmh.lacounty.gov
Socorro Ramos	Parent Advocate	626) 455-4610	626) 455-4608	sramos@dmh.lacounty.gov

SERVICE AREA 4 – METRO L.A./ DOWNTOWN

Edward Vidaurri	District Chief - SA 4	213) 738-3765	323) 427-6166	evidaurri@dmh.lacounty.gov
Nancy Weiner	Supervisor of Navigation team	323) 769-6152	323) 467-2647	nweiner@dmh.lacounty.gov
Douglas Day	Hospital Liaison	323) 769-6153	323) 467-2606	dday@dmh.lacounty.gov
Maureen Reilly	Hospital Liaison	323) 769-6155	323) 467-2606	mreilly@dmh.lacounty.gov
Ruby Quintana	Child Navigator/ Child/ TAY Impact Coord.	323) 769-6196	323) 957-2597	rquintana@dmh.lacounty.gov
Murdis Latoya Boston	Adult Navigator/ Impact Coordinator	323) 769-6195	323) 467-2606	mboston@dmh.lacounty.gov
Mara Eaton	Hospital Liaison	323) 769-6189	323) 467-2606	meaton@dmh.lacounty.gov

SERVICE AREA 4 – METRO L.A./DOWNTOWN (Cont.)

Truc Vo	Hospital Liaison	323) 769-6154	323) 467-2606	tvo@dmh.lacounty.gov
Carol Phillips	Housing Navigator	323) 769-6149	323) 467-2606	cphillips@dmh.lacounty.gov
Victoria Lawson	Intermediate Typist Clerk	323) 769-6186	323) 467-2606	vlawson@dmh.lacounty.gov

SERVICE AREA 5 – WEST L.A.

Karen Williams	District Chief - SA 5	310) 268-2507	310) 235-2263	kwilliams@dmh.lacounty.gov
Patrice Grant	Supervisor of Navigation Team	310) 268-2508	310) 235-2263	pgrant@dmh.lacounty.gov
Maureen Cyr	Hospital Liaison/ Adult Impact Coord.	310) 268-2511	310) 235-2263	mcyr@dmh.lacounty.gov
Rachel Melvald	Child Navigator	310) 268-2515	310) 235-2263	rmelvald@dmh.lacounty.gov
J. Sandy Mills	Adult Navigator	310) 268-2516	310) 235-2263	jmills@dmh.lacounty.gov
Mary Sutton	Housing Specialist	310) 268-2510	310) 235-2263	msutton@dmh.lacounty.gov

SERVICE AREA 6 - S.CENTRAL / COMPTON / LYNWOOD

Rene Woodruff	District Chief - SA 6	323) 298-3671		rwoodruff@dmh.lacounty.gov
Carol Vernon	District Chief - SA 6	310) 668-3962		cvernon@dmh.lacounty.gov
Kimberly Spears	Adult Navigator/ Adult Impact Coord.	323) 298-3675	323) 299-8870	kspears@dmh.lacounty.gov
Deirdre Sermons	Clinical Psychologist - SA 6	323) 298-3677	323) 298-3695	dsermons@dmh.lacounty.gov
Margarita Cabrera	Child Community Worker	323) 298-3730	323) 298-3695	mcabrera@dmh.lacounty.gov
Armando Iraldo	Child Community Worker	310) 864-1709	323) 298-3695	airaldo@dmh.lacounty.gov

SERVICE AREA 7 – Cerritos, Whittier, South Gate, East LA

Ana Suarez	District Chief - SA 7	213) 738-3499	213) 351-2490	asuarez@dmh.lacounty.gov
Tere Antoni	Adult Navigator / Impact Coordinator	213) 738-4068	213) 487-9658	tantoni@dmh.lacounty.gov
Jesus Ramirez	Child Navigator/ Child/TAY Impact Coord.	213) 738-3313	213) 351-2490	jeramirez@dmh.lacounty.gov
Edith Gutierrez	Housing Specialist- Community Worker	213) 738-3132	213) 487-9658	egutierrez@dmh.lacounty.gov
George Aguilar	Housing Specialist - MHSC I	213) 738-2340		gaguilar@dmh.lacounty.gov

SERVICE AREA 8 – LONG BEACH/SAN PEDRO/SOUTH BAY

Jacquelyn Wilcoxon	District Chief - SA 8	562) 435-2337	562) 256-1603	jwilcoxon@dmh.lacounty.gov
Ann Lee	Clinical Psychologist - SA 8	562) 435-2127	562) 256-1603	alee@dmh.lacounty.gov

SERVICE AREA 8 – LONG BEACH/SAN PEDRO/SOUTH BAY (Cont.)

Neena Paltanwala	Hospital Liaison/Adult Impact Coord.	562) 435-2078	562) 256-1603	npaltanwala@dmh.lacounty.gov
Lisa Powell	Adult Navigator / Impact Coordinator	562) 435-2287	562) 256-1603	apowell@dmh.lacounty.gov
Kathrine Lundy	Child Navigator / Impact Coordinator	562) 435-3106	562) 256-1603	klundy@dmh.lacounty.gov
Belen Williams	Child Navigator / TAY Impact Coord.	562) 435-2257	562) 256-1603	bvillagrana@dmh.lacounty.gov
Jed Schipper	Housing Specialist - MHSC I	562) 435-3167	562) 256-1603	jschipper@dmh.lacounty.gov
Cathy Williamson	Parent Advocate	562) 435-2207	562) 256-1603	cwilliamson@dmh.lacounty.gov

As of June 2008

MONROVIA

Angeles Community Counseling Center

248 E. Foothill Blvd.

Monrovia, CA 91016

(626) 932-1000 (Service & Intake)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Patient must call Intake Line (626) 932-1000
* Therapist will call back within 24 hours

Type of Providers: * Licensed therapist

Accepting News Pt: * NO waiting list
Any Waiting List: * Open for New Patients
* 5-10 Clients per Therapist
* See patients 8am - 10pm

Other services provided: * Individual Counseling
* Marriage Counseling
* Child Counseling
* Court Ordered Counseling
* General Depression Counseling
* Anxiety Management
* Bipolar (Functional)
* No Meds
* Domestic Abuse

Cost for services: * License Therapist: \$60 - \$120/session
* Pre-License: \$20 - \$90/session
* Sliding Fee Scale: Depending on Income

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Spanish
* Mandarin

Special services: * Teens
* Children
* Treat ages: 5 - 65 yrs

Santa Anita Family Service

605 S. Myrtle Ave.

Monrovia, CA 91016

(626) 359-9358 (Service, Intake & Adm.)

(626) 358-7647 (Fax)

(Other Cities: Covina and San Gabriel)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Call (626) 359-9358 for intake
* \$30 for Intake

Type of Providers: * Therapist
* Interns/Graduates
* Supervised by Licensed Therapists

Accepting News Patients: * Accepting New Patients
* No Waiting List
Any Waiting List: * Depending on the schedule - the waiting could be 1-2 weeks

Other services provided: * Counseling of any type
* Group Counseling
* Victim of Crime
* Domestic Violence
* Women Empowerment Support Group
* Anger Management
* Individual Counseling

Cost for services: * Sliding Fee Scale: Depending on monthly Income
* Ranges from \$30 per Session (1 Hr)

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Waiting for Spanish
* Chinese
* English

Special services: * Out-patient Drug Program
* Senior Citizen Program - rent assistance and anything else they might need.

NORTH HOLLYWOOD

Center for Individual and Family Counseling

www.cifc1.org

5445 Laurel Canyon Blvd.

North Hollywood, CA 91607

(818) 761-2227 (Service & Intake)

-
- Type of Depression Services Provided:** * Maternal Depression
- Referral Process:** * Call (818) 761-2227
* 1-1/2 hr intake process to figure out if patient is a candidate for medication
* Director will assign pt to Counselor
* Hours: M-Th: 9am - 8pm
* F, Sat, Sun: 9am - 5pm
- Type of Providers:** * Licensed Therapist
* Marriage & Family Therapist
* Interns
- Accepting News Pt: Any Waiting List:** * Have 40 Counselors
* Waiting list for Spanish patients ONLY
* NO Waiting List for English Speaking patients.
- Other services provided:** * Substance Abuse
* Parenting Classes
* Public School Program
* Victims of Crime
* Divorce Counseling
* Domestic Violence
* Phobias
* Individual Therapy
- Cost for services:** * Sliding Fee Scale: Depending on income
* Ranges from \$25 - \$125 per Session
* For Licensed Therapist: \$75 - \$125 per Session
- Insurance Accepted:** * NOT accepting Medi-Cal or Insurance
- Other Languages Provided:** * Spanish
* Russian
* Farsi
- Special services:** * Lesbian, Gay, Bisexual, Transvestite

NORTHRIDGE

CA State CSUN Mitchell Family Counseling Clinic

18111 Nordoff Street

Northridge, CA 91330

(818) 677-2568 (Service, Intake & Adm.)

(818) 677-4868 (Fax)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Call (818) 677-2568 for intake eligibility

Type of Providers: * Interns that are supervised by Therapists
* Psychiatrist - professors from Cal State Northridge

Accepting News Patients: * Groups are up to 10 patients
* Accepting New patients
Any Waiting List: * No waiting list
* Will work on common date for group therapy

Other services provided: * Individual Counseling
* Child Counseling
* Therapy for Child and Mom
* Group Support Therapy

Cost for services: * \$ 5 per person per Group to be paid in advance for the 8 sessions = \$40 total
* \$25 per Session for Individual Counseling
* Also work on Sliding Fee Scale depending on Combined Income

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Spanish * Japanese
* Farsi * Hebrew
* Armenian

Special services: * Collaborates with "Family Focus Empowerment Resource Center" which focus on adults with children with special needs
* Tutorial - School Psychologist Program

San Fernando Valley Counseling Center
8350 Reseda Blvd.
Northridge, CA 91324
(818) 341-1111 Ext. 306 (Service & Intake)

- Type of Depression Services Provided:** * Maternal Depression
* Marriage Counseling
* Individual Counseling
- Referral Process:** * Call (818) 341-1111 for intake eligibility
* When patient calls - they will do a phone screening and will make an appt for intake
- Type of Providers:** * Interns
* Paraprofessional Counselors
- Accepting News Patients:** * Accepting New Patients.
* No Waiting List
- Any Waiting List:**
- Other services provided:** * Any kind of mental health counseling
* Will counsel children to adults
* Individual Counseling
* Depression Counseling
* Relationship issues
* Addictions
* Anxiety Management
- Cost for services:** * Sliding Fee Scale: Depending on Income
* \$20 per Session
- Insurance Accepted:** * NOT accepting Medi-Cal or Insurance
- Other Languages Provided:** * English
* Farsi
- Special services:** * Adolescent
* LAPD Jeopardy Program for At-Risk Kids

LAC Dept. of Palmdale Mental Health Center
1529 E. Palmdale Blvd. Ste 150
Palmdale, CA 93550
(661) 575-1800 (Service & Intake)

Type of Depression Services Provided: * Depression Related Counseling
* Open to the Public

Referral Process: * Walk-ins
* Screened by officer of the day to see if pt meets criteria
* M, W, F: 8 – 11:30 – depending on assessment – pt will be scheduled for intake and appointment

Type of Providers: * 2 Psychiatrists

Accepting New Patients: * Walk-Ins ONLY
Any Waiting List:

Other services provided: * Any type of Mental Health Counseling
* Marriage Counseling
* Group Counseling
* Depending on Criteria met.

Cost for services: * Depends on the service rendered

Insurance Accepted: * Accepting Medi-Cal and Medicare
* Depends on Insurance
* Does NOT Accept Private Insurance

Other Languages Provided: * English and Russian

Special services: * None

PASADENA

Foothill Family Service

2500 E. Foothill Blvd., Ste 300

Pasadena, CA 91107

(626) 564-1613 (Service & Intake)

(866) 304-4337 (Service & Intake)

(626) 795-8021 (TDD)

-
- Type of Depression Services Provided:** * Individual Counseling
* Depression
* Anxiety
- Referral Process:** * Call (626)564-1613 for intake eligibility
* Schedule an appointment
- Type of Providers:** * Pre-licensed Therapists
* Interns
* Licensed Therapists
- Accepting New Patients:** * Accepting New Patients
* Waiting List
- Any Waiting List:** * BUSY Practice
- Other services provided:** * Counseling of all types
* Parenting Classes for children of 4-13 years-old.
- Cost for services:** * \$20 application fee
* Sliding Fee Scale: Depending on Income.
* Fee Starts at \$30
- Insurance Accepted:** * Accepting Medi-Cal for children and Some PPOs
* NOT accepting HMOs
- Other Languages Provided:** * Few Spanish-speaking Therapists
* Several Languages available
- Special services:** * Domestic Violence Victims for men and women

Pasadena Mental Health Center
1495 N. Lake Avenue
Pasadena, CA 91104
(626) 798-0907 (Service, Intake & Adm.)

Type of Depression Services Provided: * Individual Counseling

Referral Process: * Call (626) 798-0907 for appointments
* Intake person will screen by phone

Type of Providers: * Interns/Therapist

Accepting News Patients: * Accept New Patients
* Wait is 1-2 weeks to be seen by Therapist

Any Waiting List:
Other services provided: * General Counseling
* Parenting in English and Spanish
* Group Counseling

Cost for services: * Sliding Fee Scale
* Depending on Income & # of dependents
* \$5 - \$50/session

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * English Only

Special services: * Parenting Classes:
* Spanish: Monday & Wednesday
* English: Saturday

Psychological Center-Fuller / Theological Seminary

180 N. Oakland Avenue

Pasadena, CA 91101

(626) 584-5555 (Service & Intake)

(626) 396-6044 (Info. Only)

Attn: Terry Liepmann, Executive Director

M-F: 8:30 - 4:30pm

-
- Type of Depression Services Provided:** * Training center for Fuller Theological Seminary School of Psychology clinical psychology and marriage and family graduate students.
* Individual, family and group Counseling
- Referral Process:** * Call or Walk in to make an appointment
* Intake hours are M-F: 8:30am - 4:30pm weekdays
* Weekday evening appointments are available
- Type of Providers:** * Psychologists
* MFTs
* Graduate Student interns
* Under Supervision of licensed staff
- Accepting News Patients:** * Accepting New Patients
- Any Waiting List:**
- Other services provided:** * Christian-oriented counseling services for all ages
* Children and youth age 4-18 who have mild to severe behavioral, learning or emotional problem and their families
* Adults 18 and older who for a wide range of life problems.
* Marital problems
- Cost for services:** * Sliding Scale from \$35 - \$120
* For psychological test and assessment fee, contact Dr. Stacy Amano.
- Insurance Accepted:** * NOT accepting Medi-Cal or HMOs
* Accepting Private Insurance
- Other Languages Provided:** * English/Spanish Only
- Special services:** * Alcoholism Counseling
* Stress Management
* Domestic Violence
* Family Issues
* Premarital Counseling

Rose City Center

595 E. Colorado Blvd., Ste. 303

Pasadena, CA 91101

(626) 793-8609 (Service, Intake & Adm.)

Type of Depression * Maternal Depression

Services Provided: * Psychological Needs

Referral Process: * Call (626) 793-8609 for intake eligibility
* Therapist will call back within 24 hours to do phone intake

Type of Providers: * 5 Therapists
* Graduates with a doctorate working towards their licensure
* Supervised by Licensed Psychologist

Accepting News * Accepting New Patients

Patients: * No Waiting List

Any Waiting List:

Other services provided: * Therapy in general
* Court mandated work
* Anxiety Management
* Divorce Counseling

Cost for services: * Sliding Fee Scale: Depending on Income & Circumstances
* Ranges from \$25 - \$80 per Session

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * English Only

Special services: * Adolescent

Westminster Counseling Center

867 E. Atchison St.

Pasadena, CA 91104

(626) 798-0915 (Service & Intake)

Type of Depression * Maternal Depression

Services Provided:

Referral Process: * Call (626) 798-0915 for intake
* Intake is given to the Director and within 10 days, the patients is assigned to a Counselor
* Therapy done in a Pleasant HOME!

Type of Providers: * Therapist
* Interns
* Licensed Therapist
* PhD Psychologist
* Males and Female

Accepting News Patients: * Accepting New Patients
* No Waiting List

Any Waiting List:

Other services provided: * Counseling Victims of Crime
* Grief Counseling
* Group Counseling
* Children Counseling
* Individual Counseling

Cost for services: * Sliding Scale: Depending on Income

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Farsi

Special services: * Teens
* Children

PICO RIVERA

Tavarua Community Service Center

8207 Whittier Blvd.

Pico Rivera, CA 90660

(562) 695-0737 (Service & Intake) [Methadone Dept.]

(562) 695-1578 (Fax)

Type of Depression Services Provided:

* Mental Health Services

Referral Process:

- * Call (562) 695-0737 or walk in to apply for service
- * M – F: 12:00pm – 8:00pm
- * Staff on call: M-Sunday
- * Emergency: 24 hours per day

Type of Providers:

* Therapist, Psychiatrist

Accepting News Patients:

* Accepting New Patients

Any Waiting List:

Other services provided:

- * Individual Counseling
- * Conjoint & Group Life Problems Counseling
- * Adjustments to Childhood or adolescence, Aging
- * Communication
- * Marital or Pre-Marital Issues
- * Parent-Child Conflict
- * Sexual and Substance Abuse
- * Medication Monitoring
- * Mental Health evaluations
- * Psychiatric disorder counseling

Cost for services:

- * Fee for initial appointment: \$55
- * Subsequent visits are set on sliding scale ranging: \$45-\$125

Insurance Accepted:

- * Accepting Medi-Cal, Medicare
- * Private Insurance are accepted; Prior approval is required

Other Languages Provided:

* Hindi, Russian, Spanish, Tagalog

Special services:

- * Home visits for clients unable to leave homes due to age or disability.
- * Mental Health services for homebound or with chronic mental illness.

College Community Service
2689 Sierra Hwy
Rosamond, CA 93560
(661) 824-5020 (Service & Intake)

Type of Depression Services Provided: * Depression Related Counseling

Referral Process: * Call 661-824-5020 for Intake
* **Accepts patient from the KERN COUNTY ONLY**

Type of Providers: * LCSW
* Intern MFT
* 2-4 Intern Student LCSW/MFT
* Nurses
* 3 Psychiatrists

Accepting New Patients: * Accepting New Patients
* No Waiting List
Any Waiting List:

Other services provided: * Individual Counseling
* Angel Management Counseling
* Group-Preventive Disorders
* Schizophrenia Disorder
* Anything related to Mental Health
* Eating Disorders

Cost for services: * What Medi-Cal and Healthy Families pays

Insurance Accepted: * Accepting Medi-Cal and Healthy Families ONLY

Other Languages Provided: * English and Spanish (Spanish translators, also)

Special services: * Juvenile Sex Offenders – Ordered by Court

ROSEMEAD

Pacific Clinics - Asian Pacific Family Center

9353 E. Valley Blvd.

Rosemead, CA 91770

(626) 287-2988 (Service & Intake)

Type of Depression Services Provided: * Maternal Depression Counseling

Referral Process: * Call (626) 287-2988 for intake
* Call (626) 335-5980 for SPANISH
* Intake person will call back with appointment

Type of Providers: * Psychologist
* Therapist

Accepting News Patients: * Accepting New Patients
* Waiting List

Any Waiting List:

Other services provided: * Marriage Counseling
* Children/Adult Counseling
* Marriage Counseling
* Adult and Child Counseling

Cost for services: * Only Accept Medi-Cal Patients

Insurance Accepted: * Accepting Medi-Cal, Medicare, Healthy Families

Other Languages Provided: * Chinese
* Mandarin
* Cantonese
* Vietnamese
* Korean
* Cambodian
* Japanese

Special services: * Teen
* Call to ask for Specific program

SANTA BARBARA

Postpartum Support International (PSI)

www.postpartum.net

PO Box 60931

Santa Barbara, CA 93160

1.800.944.4PPD

-
- Type of Depression Services Provided:** * www.postpartum.net; Postpartum Resources available on the website! i.e. "Support for New Moms, How to Build Social Support"; Support Groups and Area Coordinators
- Referral Process:** * Call the PSI Postpartum Depression Helpline: 1.800.944.4PPD;
- Type of Providers:** * Mostly an online support - able to provide support through e-mail
- Accepting New Patients:** * PSI Gives referrals to other providers
- Any Waiting List:**
- Other services provided:** * PSI is built on the foundation of providing support to families for anyone that might be experiencing symptoms of prenatal or postpartum mood or anxiety disorder. PSI has Coordinators throughout the world providing information and support. There is someone in every area available to help if someone is experiencing any of the following: depression, irritability, exhaustion, not being themselves, sadness, anger, guilt, is worrisome, and or have feelings of inadequacy.
- Cost for services:** * PSI is a volunteer driven organization with only one paid staff member.
* <http://www.postpartum.net/california.html> -This page lists the PSI Coordinators and other area resources such as groups, telephone support, and reliable services that are available for no charge.
* Listings of local events, trainings, and volunteer opportunities.
* Donation only
- Insurance Accepted:** *
- Other Languages Provided:** * Spanish Brochures and Resources.
- Special services:** * Links for Families and Partners: Boot Camps for New Dads; Diary for Expectant Dad; Helping a Mother through Postpartum Depression; National Centering for Fathering; Partners & Postpartum Depression; Postpartum Dads; The First 12 Months of Fatherhood; Questions to Ask Yourself about Fathering.

SANTA MONICA

Family Service of Santa Monica
1533 Euclid Street
Santa Monica, CA 90404
(310) 451-9747 (Service, Intake & Adm.)

Type of Depression * Maternal Depression
Services Provided: * Counseling Service for Mild to Moderate Cases
* Does NOT treat severe cases that need medication

Referral Process: * Call (310) 451-9747 for intake
*

Type of Providers: * Clinicians
* Licensed Therapists
* Therapists decided at intake

Accepting News Patients: * Accepting New Patients
Any Waiting List:

Other services provided: * Unknown

Cost for services: * Sliding Fee Scale
* Depending on Income

Insurance Accepted: * Accepting Medi-Cal for children of 18 and under
* Insurance will be decided at Intake

Other Languages Provided: * Spanish
* English

Special services: * Teens

STUDIO CITY

Coldwater Counseling Center
4419 Coldwater Canyon Ave., Ste A&C
Studio City, CA 91604
(818) 508-0703 (Service, Intake & Adm.)

Type of Depression Services Provided: * Maternal Depression

Referral Process: * Call (818) 508-0703 and leave message
* Intake Person: Margreth Knirsch will call back within 24 hours for an Intake
* Patient will be scheduled with the appropriate therapist within one week

Type of Providers: * 3 Licensed MFTs
* Therapists with Masters

Accepting News Patients: * Accepting New Patients
* NO Waiting List

Any Waiting List:

Other services provided: * Psychological Therapy
* Full Psychotherapy Agency
* Depth Oriented Work
* Anxiety Counseling
* Addiction Counseling
* Depression

Cost for services: * Sliding Fee Scale: Depending on income
* Ranges from \$35 - \$100 per Session

Insurance Accepted: * NOT accepting Insurance
* Will give statements to patients. To bill their own insurance

Other Languages Provided: * English Only

Special services: * Therapy with Children; Adolescents; Family

**Bi-lingual Telephone Support
(Southern California)
Simona Montanari
Sylmar, CA
(818) 834-5779**

Type of Depression Services Provided: * Telephone Support for Maternal Depression from a person that went-through-it!

Referral Process: * Call (818) 834-5779

Type of Providers: * Is a mother that has gone through depression herself

**Accepting News Pt:
Any Waiting List:** * N/A

Other services provided: * Self-Experience Support

Cost for services: * FREE

Insurance Accepted: * N/A

Other Languages Provided: * Spanish

Special services: * Provides resources of local providers.

TORRANCE

Morales, Stephanie MFT
23440 Hawthorne Blvd., Ste 220
Torrance, CA 90505
(310) 567-0160

Type of Depression Services Provided: * Group & Individual Therapy for perinatal needs

Referral Process: * Call (310) 567-0160
* E-Mail: stephaniemoralesMFT@hotmail.com

Type of Providers: * MFT

Accepting New Patients: * Current capacity is 10-15 Clients
Any Waiting List:

Other services provided: * Services include treatment for women or couples struggling with fertility

Cost for services: * Sliding Fee Scale

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Spanish

Special services: * Adolescent
* Couples

VALENCIA

El Dorado Community Service Centers

P.O. Box 801809

Valencia, CA 91380

(661)254-6630 (Adm)

(661) 254-6644 (Fax)

Type of Depression Services Provided: * Mental Health Services

Referral Process: * Call (661)254-6630
* M-F: 8:00am – 4:00pm

Type of Providers: * Psychiatrists, Psychologists, Social Workers and medical doctors

**Accepting News Patients:
Any Waiting List:** * Accepting New Patients

Other services provided: * Health services
* Substance Abuse Counseling for people of all ages in LA County

Cost for services: * Private, Non-Profit Agency supported by fees
* Independent fund raising

Insurance Accepted: * NOT accepting Medi-Cal or Insurance

Other Languages Provided: * Spanish

Special services: * People of all ages in LA County

Friends of the Family

15350 Sherman Way, Ste. 140

Van Nuys, CA 91406

(818) 988-4430 (Service & Intake)

(818) 988-4633 (Fax)

Type of Depression Services Provided:

- * Maternal Depression

Referral Process:

- * Call (818) 988-4430 to schedule Appt.
- * Seen by appointment ONLY
- * Client is seen once per week

Type of Providers:

- * Counselors
- * Licensed Therapists
- * Interns
- * Trainees working to be licensed

Accepting New Patients:

- * Accepting New Patients
- * There's NO Waiting List

Any Waiting List:

- * Schedule One week at a time

Other services provided:

- * Anger Management
- * Young Moms/Dads Program
- * Parenting Classes
- * Sex Offenders Class
- * Young Mom's Program
- * Individual Counseling
- * Couples Counseling
- * Children Counseling

Cost for services:

- * Sliding Scale depending on household gross income
- * \$15-100/Session
- * Parenting Class: \$155/10wks
- * Anger Management: \$265/12 wks
- * Kids Group: \$1 per class per child
- * Moms/Dads Program: FREE

Insurance Accepted:

- * NOT accepting Medi-Cal or Insurance

Other Languages Provided:

- * English only

Special services:

- * Anger Management Class
- * Teens
- * Young Mons & Dads Program

VENICE

**Post, Caron PhD
(Licensed Clinical Psychologist)**

833 Amoroso Place
Venice, CA 90291
(310) 577-9122

Type of Depression Services Provided: * Pregnancy & Postpartum Support Group

Referral Process: * Call Dr. Post @ (310) 577-9122 or
* e-mail: dr.post@outpost17@aol.com

Type of Providers: * Licensed Clinical Psychologist

Accepting New Patients: * 20 - 30 clients (depending on availability)
Any Waiting List:

Other services provided: * Individual Psychotherapy
* Dyadic Psychotherapy (mother & Infant, Mother & Child)
* Family Therapy
* Referral to Psycho pharmacologist & other Medical Services

Cost for services: * *Fee \$150 per Session

Insurance Accepted: * Sliding Fee Scale: Depending on income
* Value Options Insurance
* AETNA Insurance

Other Languages Provided: * No (limited Spanish)

Special services: * None

WEST COVINA

Queen of the Valley Medical Center
1115 Sunset Ave.; Perinatal Services Bldg.

West Covina, CA 91790

(626) 814-2555 (Adm) / [Perinatal Svs Pgm (COPE)]

**Type of Depression
Services Provided:**

- * Health Services for Pregnant Women

Referral Process:

- * Call or write to apply for community outreach services.
- * Telephone or walk-in for service; appointments are preferred.
- * Clients must have medical insurance card.
- * A referral from a medical provider is required for wellness program services.
- * Services are offered at two locations.

Type of Providers:

- * Health Education provided by UCLA undergraduate psychiatry student interns
- * Supervised by part-time mental health and educational professionals; educators and professionals
- * Health services provided by: RNs, LCSW, MPHs, Interns of all 3 professions.

**Accepting News Pt:
Any Waiting List:**

- * Accepting New Patients
- * NO Waiting List

**Other services
provided:**

- * Health Education Services to at-risk children and their parents living in: Oakwood; Mar Vista and West LA
- * Health Services to Pregnant Women
- * CPSP provides mother and infant care services and classes such as: health education; nutrition management; psychosocial intervention; Medi-Cal enrollment and referral; Lamaze and breastfeeding.

**Cost for services:
Insurance Accepted:**

- * Private, Nonprofit
- * Charitable Organization
- * The Program provides health services to pregnant women either receiving or eligible to receive:
 - * Medi-Cal
 - * Blue Cross Managed Care
 - * Healthy Families
 - * The Curtis Tucker Health Center provide adult and childhood Immunizations,
- * Who deliver at Queen of the Valley Medical Center in West Covina?
 - * Services include prenatal care; neonatal care for infant; and postpartum care for the mother. Additionally
 - * TB screening for students, TB treatment, and STD screening and treatment

**Other Languages
Provided:**

- * English
- * Spanish
- * Arabic

Special services:

- * Services for at risk teens through the TEACH program includes weekly mentoring, tutoring and health education
- * The Healthy Babies program provides perinatal case management services and health education for at risk pregnant women.

WOODLAND HILLS

**Jewish FAMILY Service of Los Angeles
Office of Julie Kantowitz**

<http://www.ifsla.org/index.php?/programs/details/365/17>

21214 Costanso Street

Woodland Hills, CA 91364

(323) 323-761-8800 Ext. 1028 (Service, Intake & Adm.)

Type of Depression Services Provided: * Postpartum Depression

Referral Process: * Call the New Moms Connect Warmline:
* (323) 761-8800 ext. 1028
* Wednesdays 9:45 – 11:15am

Type of Providers: * Weekly New Mom Groups offer support for women at this challenging time.
* In a warm and caring environment, patients will have the opportunity to meet other mothers
* Share ideas and receive professional parenting advice

Accepting New Patients: * Accepting New patients
Any Waiting List:

Other services provided: * RECEIVE COUNSELING ON:
* Identity Issues after the baby is born
* Changing family roles
* Stress Reduction
* Keeping relationships healthy after baby
* Postpartum concerns
* Other challenging of parenting

Cost for services: * \$5 per meeting /first is free

Insurance Accepted: * NOT accepting insurance

Other Languages Provided: *

Special services: * "Adventures in Babyhood" events and trainings aimed at educating the community at large about the risks and challenges associated with parenthood and postpartum depression occur on a periodic basis.
* Contact Agency for more information about upcoming events.

Maternal Depression Agency Questionnaire

We are surveying agencies to identify those that currently provide counseling and other treatments for maternal depression before and after pregnancy. Please answer the following questions:

Name of Agency: _____

Address: _____

Phone #: _____

1. What type of services do you currently provide during pregnancy and the postpartum period?

2. What is the process for referring someone to your services?

3. Who provides the service to the client? (i.e., LCSW, MSW, MFT, MD)

4. What is your current capacity? How many clients are you able to provide services for? (Are you accepting New patients/Do you have a waiting list?)

5. What other (other than depression) services do you provide? (list all services they provide, i.e. Dental, chronic disease, immunization, etc)

6. What is the cost for these services?

7. What types of insurance to you accept?
If they do not mention Medi-Cal---Ask if they take Medi-Cal?
For clients who pay "out of pocket" do you have an income-based sliding fee scale?

8. Do you have fluent Spanish speaking providers for Spanish speaking clients?

9. In what other languages can you provide services?

10. Are there other special groups that you provide services for, such as teens, hearing impaired?

Thank you for your time!

Please fax form to the 211 LA County offices at 626.442.6940.



New Program Profile for Inclusion in 211 L.A. County
For Agencies Already in the 211 Database

AGENCY NAME:

DATE:

PROGRAM NAME:

PROGRAM SITE LOCATION:

Street Address:

City and ZIP code:

Mailing Address (if different)

Phone Numbers: Intake Administration:

PROGRAM CONTACT PERSON:

Name:

Phone:

E-Mail:

PROGRAM DESCRIPTION:

ELIGIBILITY: (Include documentation required for eligibility)

LANGUAGES:

PROGRAM HOURS:

GEOGRAPHIC SERVICE AREA:

2.1.1. AGENCY PROFILE



This form is to be used by agencies that are not already on the 211 Database

211 LA COUNTY USE	Agency Profile (Check one) Administrative Site <input type="checkbox"/> Satellite or Service Site <input type="checkbox"/>
ID _____	
Date Rec'd _____	
Date Ent'd _____	
Ent'd By _____	
IRS letter included _____	

Legal Name		
Street Address		
City	State	Zip Code
Mailing Address		
City	State	Zip Code

E-Mail Address (Print clearly)
Agency URL

Legal Status (Circle one)
Attach copy of IRS letter if non-profit
Private, Non-profit Proprietary
Coalition/Other Group Faith-based Organization
Foreign Government Individual/Group Practice
Public-City Public-County
Public-Federal Public-State
Special District (specify):

Phone Number(s)
() _____ - _____ ext. _____
Confidential? Yes No
(Circle all that apply)
Admin Service Intake
Fax Hotline Messages
Emergency Talkline TTY
After Hours Information Only
Other _____
() _____ - _____ ext. _____
Confidential? Yes No
(Circle all that apply)
Admin Service
Fax Hotline Messages
Emergency Talkline TTY
After Hours Information Only
Other _____

Federal Employer I.D. number (EIN):

Tax Status (please attach a copy of nonprofit status, if applicable):

Year of Incorporation

Annual Budget:

Funding (Circle all that apply)

- Client Donations
- Corporation/Foundation
- Emergency Food/Shelter Program
- Fees
- Grants
- Independent Fund Raising
- In-Kind Donations
- Membership Dues
- Other City Funding
- Other County Funding
- Other Federal Funding
- Other State Funding
- Special District
- United Way

(Specify department, e.g. HUD, or
Department of Mental Health)

Hours

	Service Hour	Office Hours
Mon	_____ to _____	_____ to _____
Tues	_____ to _____	_____ to _____
Wed	_____ to _____	_____ to _____
Thurs	_____ to _____	_____ to _____
Fri	_____ to _____	_____ to _____
Sat	_____ to _____	_____ to _____
Sun	_____ to _____	_____ to _____

What provisions are there for contacting staff in after-hours emergencies?

Access (Circle all that apply)

Public transportation within 3 blocks?

Yes No

Closest cross street:

Physical

Wheelchair access:

Full Access without special facilities
 Limited None Not applicable

Elevators Designated Parking
 Hand Rails Ramps Wide Doors

Bathrooms-Fully Accessible

Communication

TTY Interpreters
 Signs for Goods and Services

Raised Letters
 Mounted as close as possible

To whom are services targeted? (Please indicate any requirements or exclusions, such as age, family-structure, gender, ethnicity, income, etc.)

What area is served? (Indicate restrictions. Give city, zip code or other boundaries)

Who provides services? (Indicate professional credentials or degrees, if any)

If volunteers or interns provide service, who supervises them?

How do people apply for service? (Circle all that apply)

Appointment preferred Telephone to apply Telephone for service
 Appointment required Walk-in to apply Write to apply
 Walk in for service Referral required from:

Program Name:

Languages

In what languages are services provided? (Indicate if available only at certain times and dialect, e.g. Cantonese rather than Chinese)

Fees and Forms of Payment (Circle all that apply)

Free

Donations requested \$ _____

Fixed fee \$ _____

Sliding scale \$0 to \$25 or \$25+

Membership fee \$ _____ per _____

Attendance at religious service

Private insurance

Medi-Cal

Medicare

Vendor/Voucher

Champus

Work for service

Other _____

Court Approved? Yes No N/A
Is a certificate provided at completion of service?

Does the agency provide transportation?	Yes	No
Does the agency provide child care?	Yes	No
Does the agency make home visits?	Yes	No

What forms of documentation is required? (indicate types required)

ID _____

Proof of residence _____

Proof of income _____

Proof of age _____

Other _____

Name of Administrator/Director	_____
Title	_____

Agency Contact	
Name	_____
Title	_____
Phone No. ()	_____ - _____

Program and Service Description

Please describe the programs and services your agency provides. Indicate if the agency or its staff is licensed and by whom. Please distinguish between primary and secondary services; i.e. services available to new applicants as opposed to auxiliary services available only to people involved in the program. Please describe the geographic area served.

Mission statements and program goals are good descriptive tools, but also list the actual services people might access through the program. Please enclose organizational charts, brochures, or other materials that describe your program.

Please complete this section. Do not leave blank.

Submit this form by fax to 211 LA County at (626) 442-6940 or mail it to P.O. Box 726, San Gabriel, CA 91778. If you have any questions, please call (626) 350-1841. Our office hours are Monday through Friday. 8:00 AM through 5:30 PM.

INDEX

Name of Organization:	Page #:
Advance Counseling Center 44709 North Date Avenue Lancaster, CA 93534 (661) 945-6706 (Service & Intake)	25
Alternative Life Consulting 8961 Sunset Blvd., Suite 2E Los Angeles, CA 90069 (310) 652-9030 (Service, Intake & Adm.) Mailing Address: 949 Larrabee St., Ste 310; West Hollywood, CA 90069	33
Angeles Community Counseling Center 248 E. Foothill Blvd. Monrovia, CA 91016	59
Antelope Valley Behavior Medicine 43770 15th St. W # 245 Lancaster, CA 93534 (661) 726-2826 (Service, Intake & Adm.) (661) 948-0432 (Fax)	26
Antelope Valley Hospital – Mental Health Services 1600 W. Avenue J Lancaster, CA 93534 (661) 949-5250 (Service, Intake & Adm.)	27
Antioch University Counseling Center 400 Corporate Pointe Culver City, CA 90230 (310) 574-2813 Ext. 366 (Service, Intake)	9
Arcadia Presbyterian Church 121 Alice Street Arcadia, CA 91006 (626) 445-7470 (Service & Intake) (626) 445-6071 (Fax)	6
Ark Family Center, Inc. 541 W. Colorado St., Ste. 302 Glendale, CA 91204 (818) 662-7045 x1 (Service, Intake & Administration)	18
Assistance League of Southern California-Family Service Agency 1360 N. St. Andrews Pl. , 2nd Flr Hollywood, CA 90028 (323) 469-5893 (Service, Intake)	21

Name of Organization:	Page #:
Bi-lingual Telephone Support (Southern California - Sylmar) Simona Montanari (818) 834-5779	76
Biola Counseling Center 12625 La Mirada Blvd., Suite 202 La Mirada, CA 90638 (562) 903-4800	23
CA State CSUN Mitchell Family Counseling Clinic 18111 Nordoff Street Northridge, CA 91330 (818) 677-2568 (Service, Intake & Administration) (818) 677-4868 (Fax)	62
California Family Counseling Center 5445 Balboa Blvd. Encino, CA 91316 (818) 386-5615 (Service, Intake)	13
California Graduate Institute Counseling Center 1145 Gayley Avenue, Ste 322 Los Angeles, CA 90024 (310) 208-4240	34
Cederwood Counseling 44809 N. Fern Avenue Lancaster, CA 93534 (661) 945-7608 (Service, Intake & Adm.)	28
Center for Individual and Family Counseling 5445 Laurel Canyon Blvd. North Hollywood, CA 91607 (818) 761-2227 (Service, Intake)	61
Center for Integrated Family and Health Services 540 S. Eremland Dr. Covina, CA 91723 (626)966-1577 (Service, Intake)	8
Coalition of Mental Health Professionals, Inc. 9145 S. Broadway Los Angeles, CA 90003 (323) 777-3120	35

Name of Organization:	Page #:
Coldwater Counseling Center 4419 Coldwater Canyon Ave., Ste A&C Studio City, CA 91604 (818) 508-0703 (Service, Intake & Administration)	75
College Community Service 2689 Sierra Hwy Rosamond, CA 93560 (661) 824-5020 (Service & Intake)	71
Community Outreach For Prevention and Education 2400 S. Flower St., 4th Floor - Lowman Outpatient Building Los Angeles, CA 90007-2629 Attn: Lisa Collins, Assoc. Manag. (213) 259-0245 (Service, Intake & Administration) (213) 259-0255 (Fax)	36
Community Psychological Services 16055 Ventura Blvd., Ste. 728 Encino, CA 91436 (818) 907-5592 (Service, Intake)	14
County of Los Angeles – Department of Mental Health Web Site DMH Contacts	53 54
Curtis Tucker Health Center 123 W. Manchester Blvd. Inglewood, CA 90301 (310) 419-5325 (Service, Intake & Administration) [Bus. Office] Mailing Address: 11965 Venice Blvd., Ste 305; Los Angeles, CA 90066	22
Depression and Bipolar Support Alliance-East Long Beach (DBSA) 5901 E. 7th Street Long Beach, CA 90822 (562) 592-0055	32
Didi Hirsch Community Mental Health Group 4760 South Sepulveda Blvd. Culver City, CA 90230-4820 (310) 390-6612	10
El Dorado Community Service Centers P.O. Box 801809 Valencia, CA 91380 (661)254-6630 (Adm) (661) 254-6644 (Fax)	78

Name of Organization:	Page #:
Family Service of Santa Monica 1533 Euclid Street Santa Monica, CA 90404 (310) 451-9747 (Service, Intake & Administration)	74
Foothill Family Service 2500 E. Foothill Blvd., Ste 300 Pasadena, CA 91107 (626) 564-1613 (Service, Intake) (866) 304-4337 (Service, Intake) (626) 795-8021 (TDD)	65
Friends of the Family 15350 Sherman Way, Ste. 140 Van Nuys, CA 91406 (818) 988-4430 (Service, Intake) (818) 988-4633 (Fax)	79
Hollywood Sunset Free Clinic 3324 W. Sunset Blvd. Los Angeles, CA 90026 (323) 660-7959 (Adm) (323) 660-2400 (Service, Intake) (323) 661-0718 (Service, Intake) [Mental Health Counseling] (323) 660-7975 (Service, Intake) [CARA A CARA & tattoo removal]	37
Institute for Multicultural Counseling and Education Services, Inc. (I.M.C.E.S) 3580 Wilshire Blvd., Ste. 2000 Los Angeles, CA 90010 (213) 381-1250 (Service, Intake & Administration) (213) 383-4803 (Fax)	38
Jewish FAMILY Service of Los Angeles Zimmer Children’s Museum 6505 Wilshire Blvd. Los Angeles, CA 90048 (323) 323-761-8800 Ext. 1028 (Service, Intake & Adm.) http://www.jfsla.org/index.php?/programs/details/365/17	39
Jewish FAMILY Service of Los Angeles Office of Julie Kantrowitz 21214 Costanso Street Woodland Hills, CA 91364 (323) 323-761-8800 Ext. 1028 (Service, Intake & Adm.) http://www.jfsla.org/index.php?/programs/details/365/17	82

Name of Organization:	Page #:
Kaiser Permanente 44444 20th Street West Lancaster, CA 93534 (661) 951-0070 (Service, Intake & Adm.)	29
Kaiser Permanente - Watts Counseling and Learning Center 1465 E. 103rd Street Los Angeles, CA 90002 (323) 564-7911 (Service, Intake)	40
Kedren Community Mental Health Center 4211 S. Avalon Blvd. Los Angeles, CA 90011 (323) 233-0425 (Service, Intake & Administration) (323) 233-0344 (TDD)	41
LAC Dept. of Palmdale Mental Health Center 1529 E. Palmdale Blvd. Ste 150 Palmdale, CA 93550 (661) 575-1800 (Service & Intake)	64
La Puente Valley Mental Health Center 150 S. Seventh Avenue La Puente, CA 91744 (626) 961-8971 (Service, Intake)	24
Mirabella, Renata, PhD, LMFT 1672 W. Avenue J, Suite 110 Lancaster, CA 93534 (661) 940-5535 (Service, Intake & Adm.)	30
Morales, Stephanie MFT 23440 Hawthorne Blvd., Ste 220 Torrance, CA 90505 (310) 567-0160	77
Ness Counseling Center, Inc., The 8512 Whitworth Dr. Los Angeles, CA 90035 (310) 360-8512 (Service, Intake & Administration) (310) 360-8510 (Fax)	42
New Hope Health Services, Inc. 13325 Hawthorne Blvd Hawthorne, CA 90250 (310) 676-8030 (Service, Intake & Administration)	20

Name of Organization:	Page #:
Open Paths Counseling Center 12655 W. Washington Blvd. Ste. 101 Los Angeles, CA 90066 (310) 398-7877 (Service, Intake)	43
Pacific Clinics - Asian Pacific Family Center 9353 E. Valley Blvd. Rosemead, CA 91770 (626) 287-2988 (Service, Intake)	72
Pasadena Mental Health Center 1495 N. Lake Avenue Pasadena, CA 91104 (626) 798-0907 (Service, Intake & Administration)	66
Pepperdine University Community Counseling Center 16830 Ventura Blvd., Ste 216 Encino, CA 91436 (818) 501-1678 (Service, Intake & Administration) (818) 501-1680 (Fax)	15
Pepperdine University Psychological and Educational Clinic 6100 Center Dr., Ste. 559 Los Angeles, CA 90045 (310) 568-2342 (Fax) (310) 568-5752 (Service, Intake & Administration)	44
Positive Directions Community Counseling Center 1540 E. Colorado St. Glendale, CA 91205 (818) 247-8180 (Service, Intake)	19
Post, Caron PhD (Licensed Clinical Psychologist) 833 Amoroso Place Venice, CA 90291 (310) 577-9122	80
Postpartum Support International (PSI) 1.800.944.4PPD PO Box 60931 Santa Barbara, 93160	73
Professional Counseling Services 44738 10th Street W. Lancaster, CA 93534 (661) 940-0211 (Service, Intake & Adm.)	31

Name of Organization:	Page #:
Psychological Center-Fuller / Theological Seminary 180 N. Oakland Avenue Pasadena, CA 91101 (626) 584-5555 (Service, Intake) (626) 396-6044 (Info. Only)	67
Queen of the Valley Medical Center 1115 Sunset Ave. Perinatal Services Bldg. West Covina, CA 91790 (626) 814-2555 (Adm)	81
Rose City Center 595 E. Colorado Blvd., Ste. 303 Pasadena, CA 91101 (626) 793-8609 (Service, Intake & Administration)	68
San Fernando Valley Counseling Center 8350 Reseda Blvd. Northridge, CA 91324 (818) 341-1111 Ext. 306 (Service, Intake)	63
San Martin De Porres Counseling Center, Inc. 8621 Bellanca Ave., Ste. 215 Los Angeles, CA 90045 (310) 641-1633 (Service, Intake & Administration)	45
Santa Anita Family Service 605 S. Myrtle Ave. Monrovia, CA 91016 (626) 359-9358 (Service, Intake & Administration) (626) 358-7647 (Fax)	60
SHARE! 5521 Grosvenor Blvd. Los Angeles, CA 90066 (310) 305-8878 (Service, Intake & Administration) (877) 742-7349 (Info. ONLY) [877-SHARE49] (310) 305-2671 (Fax)	46
Sir Thomas More Marriage and Family Clinic 10630 Downey Ave., Ste 200 Downey, CA 90241 (562) 923-0341	11

Name of Organization:	Page #:
South Bay Center for Counseling 360 N. Sepulveda Blvd., Ste. 2075 El Segundo, CA 90245 (310) 414-2090 (Service, Intake) (310) 414-2096 (Fax)	12
Southern California Counseling Center 5615 W. Pico Blvd. Los Angeles, CA 90019 (323) 937-1344 (Service, Intake & Administration) (323) 937-5846 (Service, Intake)	47
Tavarua Community Service Center 8207 Whittier Blvd. Pico Rivera, CA 90660 (562) 695-0737 (Service & Intake) [Methadone Dept.] (562) 695-1578 (Fax)	70
Thalians Mental Health Center/Cedars - Sinai Medical Center – Outpatient 8730 Alden Dr. Plaza Level Los Angeles, CA 90048 (310) 423-3411 (Service, Intake)	48
Valley Counseling Clinic, Inc. 17547 Ventura Blvd., Ste. 310 Encino, CA 91316 (818) 995-0368 (Service, Intake)	16
Valley Women's Center/Family Recovery Center 22110 Roscoe Blvd., Ste. 204 Canoga Park, CA 91304 (818) 713-8700 (Service, Intake) (818) 713-8585 (Fax)	7
VBS Counseling Center 15739 Ventura Blvd. Encino, CA 91436 (818) 784-1414	17
Westminster Counseling Center 867 E. Atchison St. Pasadena, CA 91104 (626) 798-0915 (Service, Intake)	69

Name of Organization:	Page #:
Westwood Center Site 2 of San Martin de Porres 10642 Santa Monica Blvd., Ste. 100 Los Angeles, CA 90025 (310) 641-1633 (Service, Intake & Administration)	49
Women Helping Women Services 543 N. Fairfax Ave. Los Angeles, CA 90036 (323) 651-2930 (Adm) (877) 655-3807 (Hotline/Talkline) (323) 655-3807 (Talkline) (323) 651-5348 (Fax)	50
Women's Clinic and Family Counseling Center 9911 W. Pico Blvd., Ste. 500 Los Angeles, CA 90035 (310) 203-8899 Ext. 103 (Service, Intake) [Mental Health Appt]	51
Wright Institute Los Angeles 9911 W. Pico Blvd., Ste. 720 Los Angeles, CA 90035 (310) 277-2796 (Service, Intake)	52

Reviewed/Revised: 6/08